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Arrive Alive: SADD Hosts Annual Seatbelt Safety Event

BY NATALIE WITT '18

Sophomore Sydney Moreno buckles up in a hurry (left) as Sophomore Jasline Dimapilis races towards the rest of her teammates (center), but the baseball team (right) prevailed and rejoiced as they won the relay races.

Although last week was Teen Driver Safety Week, it is always a relevant time to bring awareness to safe driving and seatbelt safety. By just wearing a seatbelt, one could protect themselves from potential life-threatening injuries and even death. In fact, seatbelts reduce the risk of death by 45% and cut the risk of serious injury by 50%. With that said, many young drivers do not think that the unfortunate effects of not wearing a seatbelt will ever happen to them and fail to see that it could happen to anyone at any time. This is alarming since, out of all age groups, teens have the highest fatality rate in motor vehicle crashes.

This is why Students Against Destructive Decisions (S.A.D.D.) decided to bring light to the subject by hosting their annual "Click It Or Ticket Races" event in the quad on Thursday, October 19. The event coincided with their "Rock The Belt" campaign which stressed the importance of buckling up before hitting the road. The races included eight teams of four pre-selected students. Each team had to compete in a relay race against one another which utilized actual cars that were graciously donated by DCH Honda. Chaparral's S.A.D.D. is one of the only branches that has DCH Honda as a sponsor which made the event even more special. Each relay racer had to accomplish the following; blow up a balloon, run into one of the cars and put their seatbelt on, have a S.A.D.D. officer verify that their seatbelt was on, and finally run back and pop their balloon. Senior William Beebee, who won first place along with his fellow baseball teammates, said that not rushing too much was what led his team to victory. Senior Jake Vasquez, who was also one of the first place winners, mentioned that the event "was a pretty effective way of delivering the message of seat belt safety because it just goes to show how easy it is to put your seatbelt on and it made putting your seatbelt on fun."

At the end of the thrilling races, the first place, second place, and third place teams all won a variety of prizes. A group of students representing the baseball team, who won first place, were awarded free movie tickets and "Keep It Classy" shirts. The second place winners were given a mixture of gift cards and "Keep It Classy" shirts, while third place winners were only awarded the "Keep It Classy" shirts. The simple, yet meaningful activity showed how truly quick and easy it is to put a seatbelt on— even when in a major rush. S.A.D.D. Co-President Senior Mikayla Brown shared, "We had a really good turnout. [The races] generated a lot of buzz on campus and there were lots of spectators."

Even though driving is a right of passage for many, it is important to remember that this important milestone is a privilege that should not be taken for granted. Driving should be taken incredibly seriously, especially when thousands of teenagerss die each year from failing to have a seatbelt on in the event of a car crash. Remember, wearing a seatbelt decreases the probability of death by 50-60%. By taking just a few seconds to put on a seatbelt, hundreds or even thousands of lives could be saved. It all starts with one click.

Advanced Drama Successful at RoleAbout Theatre Festival

BY LOUISE KIM '19

Since September, students in Mr. Chris Irvin's Advanced Drama class have worked diligently to perfect their scenes for Orange County's RoleAbout Theatre Festival. The actors and actresses had the opportunity to showcase their talent and hard work to judges, and this year the class had a successful run with eleven scenes advancing to finals and one winning first place overall.

The RoleAbout Theatre Festival at Irvine High School is a competition Advanced Drama takes part in every year. Students dedicated a majority of their class time to rehearse for the categories they were assigned to compete in. Categories at RoleAbout ranged from Film and Television Monologues to Musical Duets and Groups with each involving three preliminary rounds used by judges to determine which acts will advance to the finals. This year, Senior Dylan Robb placed first with his Dramatic Film scene from *Rango*. Robb first competed in the preliminary round against other actors and actresses around the area before advancing to finals. After judges evaluated all of the performances in the final round, Robb was chosen as the winner for Film and Television Monologues. "What I think the thing that actually set me above is just the choices that you make and how far you're willing to go with a piece like that," said Robb. Along with the other winners, he was recognized for his talent at the awards ceremony and brought home a first place trophy for the drama department.

Besides Robb's, ten other scenes advanced to the final round. *Chicago*, the class' entry for Musical Duets and Groups, was a hit as last year's spring production and was also a success at the festival. The scene starred Senior Kayla Jarry as Roxie Hart and Senior Dean Reynolds as Billy Flynn as the ensemble sang and danced to "We Both Reached for the Gun". The group successfully passed the preliminary round and was awarded second place overall. In addition, two others scenes were awarded second place in the group categories. Senior Hope Reichert, Senior Christian Ruiz, Sophomore Gannah Elkhayat and Sophomore Karla Leon received second place for their respective performances. Reichert and Ruiz presented a dramatic scene from the movie *The Shining*. Elkhayat and Leon also performed together with a contemporary comedic scene from the play *Parallel Lives*. "I didn't expect it [winning second]," Leon said, "I was really thankful for it." Listening to the feedback of others is key in improving as an actor or actress. Leon and the other performers that placed humbly accepted their award and "plan on just looking at the critique they [the judges] gave", knowing they always have room to grow. The eleven performances that advanced to the final round demonstrated the amount of time and effort that students put into refining their acting skills. Based off of this year's successful RoleAbout competition, the future of the drama department looks incredibly promising. Students will continue to rehearse, practice, and work diligently on their acting abilities for the future productions and many competitions to come throughout the remainder of this school year.

Photo: Chris Irvin

Members of Advanced Drama proudly display the awards that they received from the RoleAbout festival.

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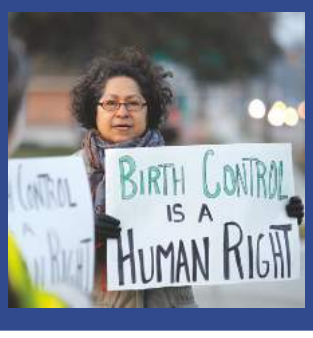

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Cadets Compete at Annual JROTC Sports Day Event

BY INGRID HEIDEMANN '21

The Naval Junior Reserve Officers Training Corps (NJROTC) Sports Day was an event that took place on October 21 for the fifteenth year in a row. Students from many different high schools gathered to compete in numerous athletic events. These activities tested the students' physical capabilities and gave them a fun opportunity to create many new bonds with cadets from other schools.

The purpose of hosting this event was for cadets from various schools to get more involved with the JROTC program as they bonded with their leaders during the many athletic challenges. Cadets from seventeen schools came together on the campus grounds to compete against each other for the sake of having fun and learning how to work as a team. Senior Jensine Yoro said, "This event benefited individual students who got to discover what their capabilities are. For example, one student may be good at push-ups, and another student isn't. They recognized those shortcomings and improved on them." Yoro helped out by organizing the events and keeping score of which teams were triumphant for this year's Sports Day.

The day started off with a 1600-yard shuttle run and a one-mile relay race. The shuttle run teams consisted of sixteen runners per team. The relay races consisted of eight competitors on each of the teams. After the two races, the Sports Day continued with basketball, volleyball, and socko competitions (Socko is modified softball with teams consisting of ten players). The winners of each game were able to advance to the next round and play for the top spots in the final round. The last events that were held in the morning was a push-up and sit-up competition where cadets had to get into teams of five and compete for the highest number of repetitions in order to win. This event was overseen by Army and Marine Corps recruiters who urged the cadets to do both exercises to their fullest capacity. To end the day of challenging tasks, students were able to participate in fun games like the Dizzy Izzy relay, wheelbarrow races, tug of war, and boardwalk. The Dizzy Izzy relay was a race where the competitors had to spin around a bat and then run to the finish line. The wheelbarrow race was a competition where one contestant had to hold the legs of another team mate up in the air while the other person walks with their hands on the ground. The boardwalk was a game where five cadet teams used ropes attached to a wooden plank in order to walk in sync to the finish line as quickly as possible. Overall, these activities gave students the chance to demonstrate their ability to work together as a team and to grow stronger as a JROTC unit.

Photo: Sean Lumayag

Two JROTC students showing off their strength as while competing in the competitive wheelbarrow races.

Photo: Sean Lumayag

Dozens of JROTC cadets participating in a tough game of tug-of-war as others watch from the sidelines.

The Sports Day was monitored by a number of people, including the cadet staff and various helpers who oversaw the event. Senior Chief Stephen McGovern, the Naval Science Instructor, helped orchestrate the event by communicating with the other schools, but when it came to the actual event he let the cadets take charge. Operations Officer, Senior Zachary Friday, said that, "This event helped students become more accustomed to ROTC. It made them feel like a part of a big family." Being JROTC's Operations Officer and medical commander, Friday has never actually been able to compete in the Sports Day, but he has always volunteered to help out at the event. These cadet volunteers, whose job is to run the different sporting events, are a crucial part of the day's success.

This year's JROTC Sports Day turned out to be a great way to encourage teamwork and sportsmanship amongst the JROTC cadets. It acted as a vehicle that helped bond all of the students together early in the school year, rather than later, which essentially broke any unncessary communication barriers. It also allowed the cadets to gain more leadership experience while still having fun working with one another. Leadership is important, in the JROTC environment because on a day to day basis, each young cadet has to prove themselves to show that they will be successful when it is time to enter the work force as they enter adulthood. JROTC plans on continuing the Sports Day tradition on next year and hopes to have the same positive turnout.

Morris Specializes in Makeup Effects

BY DEJA PENDLETON '18

Photo: Breanna Morris

Morris practicing realistic, bloody makeup on herself.

Senior Breanna Morris has a passion and flourishing talent for the world of beauty and gore. As a daughter of a makeup artist, things that are difficult to most come easy to her when allowing her creativity to shine. Things such as winged liner or a cut crease are applied with ease for Morris after much practice and influence from her mom.

Morris has been doing makeup for herself and others since her freshman year and began venturing into gore makeup during her sophomore year. "My mom is a makeup artist," she stated, "She taught me her ways. My cousin worked at a haunted trail and wanted me to get my work out there and practice more on my gore makeup." Traditional makeup is less challenging compared to the many steps that come along with gore makeup. "Gore makeup can be challenging. I mean it is hard at first, but once you get the hang of it, it becomes less challenging " said Morris, "I would not suggest getting all of the expensive supplies. You should work with what you got when you do not really know what you are doing. I suggest silicone, scar wax, latex and disposable tools." Morris emphasized how gore makeup is very unique to the supplies one can use and the creativity it allows when trying to create different special effects.

Morris is involved in Show Choir, Belly Dance, and AVID on campus. She does makeup for her belly dance team as well as Show Choir. Morris explained that she loves, "Eyeshadow for sure and graphic eyeliner, I love trying new things with my eyeliner." With so many beauty products on the market, it can be difficult to choose a favorite, but Morris said, "my favorite at the moment is the Fenty Beauty foundation. I am 260 neutral and the primer is absolutely amazing, and for gore makeup I love scar wax, fake blood, and silicon." Morris' friends and family support her and her passion and encourage her to get her work out there, as she explained, "they push me to do better and show more of my work like on social media and what not." For what Morris plans on doing for when she is graduated, "I want to do something in marketing and advertising. I want to start my own makeup line someday, so I want to know how to effectively sell and advertise."

Morris plans on eventually starting a YouTube channel. She dabbles in Snapchat makeup tutorials and also has an Instagram dedicated to her makeup ventures. She aims to be more active in promoting her skills and curating her craft, makeup is her hobby and her love, she said, "I love both gore makeup and regular makeup equally. Honestly, makeup is my passion. It is attached to me. It is my favorite thing." Morris continues to show her creativity and determination through her makeup endeavors and will continue to grow her social media accounts to further display her creative talents that are prospering more each day.

Photo: Breanna Morris
Morris uses her skill to create gory effects.

PRINCIPAL'S MESSAGE

Principal Nicole Dayus

Dear Puma Family,

The other day, I read a saying that really stood out to me: We are not a team because we work together. We are a team because we respect, trust, and care for each other. Two words caught my eye - TEAM and RESPECT.

As you know, the word Respect represents the "R" in our Puma PRIDE acronym. There are so many daily examples of respect on our campus. A student holds the door open for another student, a student picks up a piece of trash that is not theirs, students listening to other students in a rich classroom conversation, and students respecting their teachers and themselves by trying their best in their classes. We are a strong team, because we exercise respect. However, we are not perfect, and there are times where we can improve in this area. For example, we falter in our respect when we "boo" other classes at rallies, when we misbehave for a guest speaker, when we are unsportsmanlike at athletic events, or when we make it difficult for a teacher to instruct because we are choosing to be a distraction to the learning environment.

The good news is that we all have the ability and freedom to choose to be respectful in our actions and words. We all need to hold ourselves accountable to the high standards that require us to respect others the way we want to be respected. Be that example.

Pumas respect each other, trust each other, and care for each other. True Pumas do not make other people feel less than themselves. True Pumas see themselves as an integral part of the CHS team. When you are a part of a team, you belong to something bigger than yourself and respect becomes a commitment, investment, and reward.

Thank you for all you do to respect your campus, peers, and staff! I view each of you as valued members of our Puma Team, and I invite you to live that role.

Sincerely,
Nicole Dayus

Chicanos Unidos Relief Efforts

BY EMILY PHAM '21

One of the new clubs on campus, The Chicanos Unidos, promotes a united political stand for different countries and are willing to face global issues to help the world. The Chicanos Unidos Club is a family that promotes equality. It is a club not only for Hispanics but for anyone who waishes to help others through tough times. The Chicanos Unidos Club stands for "United Chicanos," which means they reunite people to help save the world.

During the past few weeks, the Chicanos Unidos have been trying to help those in need after the major damage that the earthquake in Mexico caused. Millions of people have had to find a place for shelter and food after their homes were destroyed or damaged. The Chicanos Unidos have been trying to gather clothes and supplies for those people. This year, the club would like to carry on their tradition of assisting others in order to make an impact on members as well as people around the world. Senior Brian Cornejo stated, "We rejoin to come and help our community when there is a need of help because that's what Chicanos means for us. Our slogan, Big Things Occurring, is a representation of what our school is all about. The world is facing many problems, and people are encouraged to get involved in the effort. Senior Nayeli Martinez explained, "We want to bring a political and cultural empowerment not just to this school but to Temecula." This club has been traveling to different areas to help clean the environment and assist those in need. The Chicanos Unidos is not only helping Mexicans but anyone in the world that is in need. Especially with all the natural disasters that have been wrecking havoc lately, millions of people are in desparate need for resources like food and shelter. Senior Brian Cornejo explains, "As a school, we must bring in positivity of pride to be a Puma and being able to show how the outside world can not affect us because we will be one step ahead to help millions at one step at a time."

Photo: Nayeli Martinez

Members visiting the El Pueblo De Los Angeles Historic Monument.

The Chicanos Unidos Club is a great organization that unites people around the world. Anyone who is willing to use their own time to lend a helping hand to others is encouraged to join this club. This club is a great way to show students who they truly are inside. The Chicanos Unidos informs, "Stop by room 415 and donate clothes and supplies for those in need in Mexico; anything counts!" In return, the club may offer community service hours for whoever takes the time to donate goods. Many Mexicans are currently struggling to get by as they barely have any food or supplies, but every contribution will make a difference in their lives, especially during this time of devastation..

Culinary Club Heats It Up

BY JILLIAN GREEN '20

For students looking for a place to expand their palate in cooking while being surrounded by peers with the same interests, the perfect outlet is Culinary Club. Culinary Club is an expressive and informative club that provides both educational and social opportunities for students who wish to learn more about the preparation and process of cooking. Students learn more than just how to cook; they learn the positive influences of teamwork and responsibility through the tasks given to them in each meeting. Students also get the chance to connect with others in an influential setting. Culinary Club is a student-run club, and its purpose is to connect students and cultures through delicious foods.

Culinary Club provides students with hands-on lessons, allowing them to experiment and fully utilize their creative talents when cooking. Culinary Club "has speakers from art institutes [that] come in and expand [students'] knowledge in cooking," said Senior Tiyon Carter, president of Culinary Club. The guidance of professional chefs further assist students in improving their cooking skills. "I've thought about. . .a culinary career and it helps me learn about the different foods. . .[the speakers] help you and they've had experience and have already learned about it and that also helps," said Freshman Kaylah Parsons, a new member of Culinary Club. Students learn the basic skills of cooking, which are used to help them pursue a career in the culinary arts. During meetings, students focus on the art of food and learn to appreciate the process and culture behind each meal. "You get to see everyone's different cultures and what they do," said Parsons. The club teaches students about the origins of certain dishes they create and gives them a chance to learn about other students' lifestyles.

Besides the educational upsides of Culinary Club, students have the chance to interact with their peers. The club provides students the opportunity to connect with one another and share ideas. Culinary Club teaches students and takes them through each meal, allowing students to work independently or with their friends. "It's just a good environment, you know. Everybody's nice, and they talk to each other. They can also make friends and be more responsible because we have potlucks, so they remember to bring food," said Carter. The students in Culinary Club share the same interests and provide positive influences that encourage one another throughout the meetings. The overall atmosphere of Culinary Club is enthusiastic and supportive, perfect for students looking to meet new people.

Photo: Jillian Green

Club President, Tiyon Carter, decorating cupcakes.

The club has no requirements for membership, and all are welcome to join. Be prepared to eat and bring make tasty treats! The educational benefits and social experiences of Culinary Club bring in a busy environment that provides students with the opportunity to meet new peers and experiment with different cultural foods. For students interested in making new friends and new dishes, they can find the Culinary Club meeting on Thursdays during lunch in room 254.

Chaparral Welcomes new Additions to the Counseling Staff

BY DEJA PENDLETON '18

Photo: Alisia Cooke

Photo: CHS website

Photo: CHS website

New counseling additions (from left to right) Mrs. Diana Chumley, Mrs. Tina Mey, and Mrs. Carissa Teachout are already making a positive impact on campus, helping students by prepare for their successful futures.

Diana Chumley, Class of 2021

Mrs. Diana Chumley, who is also brand new to Puma nation this year, will be taking charge and helping Freshman achieve academic success as well as guiding them towards what they will want to accomplish in their high school careers and prospective futures.

Chumley has been a counselor for two years, coming from the Oceanside school district and working at Roosevelt Middle school. Her motivation for leaving her old school and coming to Chaparral was because Chaparral offered her a full-time position. She had previously been a part-time counselor at her previous school. "[This is a] totally new campus to me, I have not lived in Temecula but I am familiar with Temecula because I grew up near Riverside and I had a cousin who lived here." Chumley found her love and passion for counseling at a young age she explained, "In high school I had a really great relationship with my counselor and I realized I wanted her job," Chumley has previously taught before saying,"I did substitute teaching and I did a long term position in sixth grade English and Language Arts last year." Chumley received her Bachelors from the University of Utah in Public Relations and Sociology as she double majored and got her masters from National University in Educational Counseling.

The atmosphere at Chaparral has been positive and accommodating Chumley explained,"It has been amazing, everyone has been so friendly, its high energy, everyone has been very welcoming to me and really helpful anytime I have a question I can get the help I need." Chumley has a large and loving family that reside in Oceanside, that she spends time with when she is not working calling herself the "Uber driver of the family" saying, "I have four kids. My oldest is thirteen Bella, then Boston who is eleven, and twins Kali and Kaia who are both nine." The entire class of 2021 is assigned to Chumley, she mentioned, "there [are] a lot of [students], but I just hope they use me as a resource. I want them to feel like they can come in anytime and talk with me, whether concerns about friends or about classes I want them to know that my door is always open." As for expectations for Freshmen, Chumley hopes they can become advocates for themselves using teachers as resources and finding all the help that they need available.

As the year progresses, Chumley will help aid the Class of 2021 as the new Freshman counselor, by finding them the best options that are right for them as they begin their high school careers.

Tina Mey, Class of 2019

Mrs.Tina Mey is the one of the newest members of the counseling staff for the class of 2019. She will help guide the juniors through one of the most stressful years of high school, prepare them for every test that is needed, and be proactive in the plan for their future.

Mey has been a counselor for thirteen years, this year being her fourteenth. Mey was previously an ELCAP counselor at Temecula Valley High School for three years before becoming a Puma. "We bought a house that was in Chaparral's boundaries, and my kids were going to come here so I transferred over and there were openings so I was excited," she said. Before becoming a full-time counselor, Mey was an English teacher. Mey was born and raised in Arizona but moved to Temecula because her husband applied for the head football coach at Temecula Valley and got the job.

Mey became interested in counseling in high school. "I remember thinking I could do a better job than my counselor," she said. Mey has a bachelors from Northern Arizona University, a postback credential, a master's in administration and leadership and a masters in school counseling.

The atmosphere on campus has been warm and supportive of its new counselors. "It is awesome," said Mey, "Very spirited kids, very supportive staff. Everyone takes care of each other." Mey has two older daughters in college and a Freshman son that attends Chaparral. Mey is very involved in football as her husband coaches for the sport. "I spend a lot of time with the Booster Club for football, so I play bingo on Saturday for fundraiser and I do anything that they need volunteers for. My hobby was taxiing my kids around to their different activities but now that they are in college I do have a lot of free time. I am getting to know the area and what Temecula has to offer."

As for expectations for juniors, Mey hopes that they allow her to help them navigate through the difficult times of test taking and time management that come along with the busy year "They really need to figure out what they are going to do after graduation," she said, College applications season during senior year is a very stressful time, so if they must take care of the things they need to accomplish. Throughout this school year, Mey will be guiding the Class of 2019 as they strive for the best in their classes and assisting them in taking charge of their future, especially as they embark on their college readiness journey.

Carissa Teachout, Class of 2018

Mrs. Carissa Teachout is the newest Senior counselor and will be helping seniors whose last names begin with letters M-Z. She will serve as a beacon of resources and encouragement as college application and Free Application for Federal Student Aid (FASFA) season quickly approaches over these next pertinent months.

Teachout was born and raised in Southern California, particularly in San Diego, but has resided in Temecula previously, around ten years ago saying, "my sister lived in Temecula, and I moved in with my sister because when you are a college graduate, it is like 'okay what do I do now,' so I moved here with my sister, but then got a job back up in Monterey." She moved here from San Diego High School last year, previously working at Gompers Preparatory Academy as well as having worked throughout the Monterey area. She found her passion for helping people at a young age, Teachout expands, "I started the peer mentor program at my high school and that is when I decided I wanted to counsel." Since then, she has found her niche and built upon her extensive resume. Teachout has done group home counseling, elementary, middle school, and now high school counseling. Teachout has also dabbled in teaching as well saying, "I taught an AP Psychology class one summer at UCSD and I actually really enjoyed it, but counseling is my home."

In regards to her training, Teachout expanded, "some of the best training I have received is hands on, kind of thrown in; learning from the best as well as asking a lot of questions. There is not much you can do in life by a book, a lot of it [relies] on getting that real life experience." Even in San Diego she knew that she always wanted to return to work in Temecula mentioning, "I always wanted to move back up to Temecula. I had friends from the first graduating class of Chaparral, and they always told me how much they loved it here." Teachout has always been a fan of Puma Nation and the environment at Chaparral saying, "I love it, the people are so welcoming and inviting." What she is most excited for Teachout exclaims, "I am excited to meet everybody and have personal connections with my students, within the year I want to make those connections!" Throughout this year, Teachout will make her mark as a Senior counselor, guiding students to strive for their best post high school options that will kickstart their educational and professional futures.

Members of Drumline Demonstrate Their Musical Abilities

BY INGRID HEIDEMANN '21

During football games, students are constantly anticipating the next move a player will make. The crowd is roaring, the stadium is filled with excitement, but underlying the chaos is the sound of beating drums that helps create the suspense that intensifies the moment. Drumline is an award-winning group of students who perform at many events both on and off campus. Their expertise in playing the drums and other instruments of percussion assists them when they perform at special events, where they are able to show off their talent and get people hyped up for whatever event they are performing for.

A drumline is a formation of students who play percussion instruments as a part of a musical marching group. They are a vital and important part of the band itself, as they are responsible for creating the beat in which the music overlays, but they perform as their own unit when they are competing. Percussionists that perform at football games or at other events that take place on a field will sometimes march as a group known as the battery drumline. The battery drumline consists of instruments such as bass drums, snare drums, tenor drums, and cymbals. Although these are all different types of drums, the musicians are capable of working together to create a unified sound that captivates the audience's attention.

Throughout the year, drumline is scheduled to play at a variety of different events, such as football games, competitions, and rallies. They have performed at five football games and five competitions so far this fall, and as they ease into the winter season, the group's main focus will shift primarily to performing at competitions. They expect to play at about six or seven competitions this winter, with the hope that they can exceed the accomplishments they made last year. Additionally, the group has performed at the majority of fundraisers that the band attends. Drumline Captain Senior Michael Gomez said, "We play outside for customers to get them excited for whatever we might be advertising." Drumline has previously played at restaurants such as Chipotle, Souplantation, Chick-fil-A, and Blaze Pizza.

In order to be fully prepared for special events, drumline has to practice frequently. They have a recurrent practice schedule that they must follow, dedicating an average of eleven to twelve hours a week to perfecting their skills. "They're very strong, probably because they practice so much. They work very hard," said Band Director Mrs. Stephanie Rittenhouse. The consistency they put forth in improving their sound with percussion instruments goes to show how committed these students are to drumline.

The group has received several awards for the talent they express in their performances. An award called the 'High Percussion' is typically earned by drumline at most of their competitions. In past years, the marching band as a whole has won awards such as 'High Music' and 'High Visual Effect'. Drumline continues to show their commitment to the band by demonstrating their musical abilities. The group is preparing for future events and competitions with a desire for success and a passion for music. Everyone on the team adds something unique to the sounds they produce and the different parts played individually are nothing compared to what it sounds like when everyone plays together. With each practice, the members grow closer to one another, and the sound of everybody playing as one can pave the way for a successful drumline season.

Photo: CHS Band Facebook

Drumline preparing to play at one of the football games.

Seniors Praise Carey's Insightful College Kick Off Seminar

BY JOELLE MONSALUD '18

Of the many post-high school presentations offered to seniors during the second annual College Kick Off Day, Mr. Scott Carey's presentation on University of California (UC) personal insight questions was one of the most popular. With his inside knowledge on the application process, he demonstrated how any student can find a way to write an appealing personal statement.

As an English teacher with twenty-five years of experience and a member of the National Writing Project, Carey frequently attends various writing conferences. There, he receives insight on how personal statements are evaluated by the evaluators themselves. To show students how their statements would be received, he illustrated the setting the essays might be read in and said, "Think of the person reading those personal statements in the basement of some UC building. . .they read a lot, quickly, all at once." To keep the evaluators interested, Carey advised students to write about impactful moments from an atypical perspective. "Instead of writing about being captain of the soccer team, write about a particular incident as the captain where you had to learn how to become a leader on the spot," he said. Additionally, the writer does not have to be particularly talented in writing, according to Carey, as he also said UC schools are "not looking for terrific writers; they're looking for kids that could be turned into terrific writers. . .It's not about the precipitating cause that you're writing about. It's about the way that you look at it, and if you could get that onto paper and do so in a unique and original way I don't think you have to be a terrific writer."

Photo: Jay Wilson

Seniors gained helpful advice on the process of writing University of California personal insight questions.

Carey's seminar helped students further understand the purpose of the insight questions and inspired them to revise their essays. "I couldn't really think of what to write [prior to the seminar], and I was generally pretty uninspired," said Senior Andra Deaconn. "I was kind of hoping to have like an epiphany and realize what I wanted to write about but [instead]. . .I was able to do a lot of self-reflecting and came up with some really good ideas." Similarly, Senior Jiantoni Isidro said, "At first, I was just so unsure how I should approach the essay questions that I selected. I felt as if my ideas were so bland and average, that the reader would just get bored." She continued, "But after going into Carey's. . .I got some insight of how I can stray away from the typical topics." The attendees began to understand the importance of looking at something from a unique perspective when tackling the personal statement. Students learned that the ideas they express will not go unnoticed if they can capture their audience's attention and really stand out. "The most important piece of advice that I [received] was. . .that we can't write a simple essay because those won't attract any attention," Senior Rienthone Lopez said.

In personal statements, the most important thing is making oneself stand out as much as possible. "The most important thing is to look at your work objectively and say, 'Am I one of a thousand other captains of the soccer team, or can the reader see me based on what I've written?'" said Carey. With less than one month left to work on applications, seniors need to be able to come across as unique on paper. Thus, Carey is offering to review personal statements for those who feel they need more assistance. "I'm happy to read student work, but. . .that kid needs to be ready to go through the steps and do the work in a timely manner," he warned. Otherwise, he said, "I'm all about reading the personal statements." Carey can be found in room 221 but come determined to improve and prepared to work if seeking assistance. If he is willing to help, one must take the time to listen and understand in order to improve and make their statements as best as they can be.

Temecula Community Distributes Dollars for Senior Scholars

BY RHYS WEAVER '20

As seniors settle into their final year of high school, they are met with abrupt deadlines for important things like college applications and filing for financial aid. One other thing seniors must set time aside for is Dollars For Scholars.Most students have hopes of attending a college or university after graduation, yet a majority of them do not have the financial ability to support themselves in their future endeavours and dread applying for student loans. The Temecula Dollars for Scholars program appreciates these ambitious students who want to attend college and intends to help seniors reach their goals financially so the weight of debt does not influence their post-high school decisions. No one wants their future to be determined by debt as they try to achieve a higher, prestigious education.

The Dollars for Scholars program is a community-led organization that rewards hard-working graduates with financial aid without regard to race, creed, color, sex, or national origin. The financial packages are brought together by local community members such as Temecula businesses, organizations, and other groups that seek to provide worthy students with the money they need to achieve their goals. Seniors with a grade point average (GPA) above a 3.0 after first semester are all qualified to submit an application and receive some kind of financial support.

This program stands out among dozens of other scholarship programs by consolidating all of them into one community effort, using multiple different groups to evaluate students based on their differing criteria. After the application is submitted, many agencies and groups come together to look through the multitude of applications and determine whether a student meets their specific criteria, examining more than just one's GPA. They look at the actual person, not just their test scores because numbers don't define them. Depending on the group, students can be evaluated by their life experiences or their future career goals. All a student has to do for the application process is fill out a personal profile about themselves, their goals, and their experiences with showing leadership in high school or in other outside-of-school activities that they are involved in. Based on these factors, a student may be selected for a financial aid package to attend the college of their choice.

The groups in the community that drive this program distribute funds to whichever college, university, or trade school a chosen student desires to attend. The reward funds are given to the recipients at the senior awards night at the end of the year which is something that students should especially look forward to. The student is then given an envelope with instructions for the student to take it to their choice university's financial aid office by a certain date in fall. The university will then reach out to the Dollars for Scholars organization to collect the awarded money in that student's name.

Although the process seems easy, students should know that applying for this program or any other scholarship organization should not be a job taken lightly. This is a unique organization whose mission statement reads: Dollars for Scholars exists for the purpose of providing financial aid to graduates who aspire to higher education without regard to race, creed, color, sex, or national origin. Being gifted a scholarship to a college of the senior's choice, takes hard work and dedication to achieve."As early as you can, make sure you formulate a plan," Mr. Robert Clause offered, "Work with your family, know what the options are out there in terms of how you are going to finance your education, what is realistic, what type of granted scholarship opportunities are out there and definitely pursue those as much as possible. Unlike loans, the granted scholarships are essentially free money. The number one thing you want to do is minimize the amount of debt you are going to have after your four years of undergrad." With Dollars for Scholars, the granted money in scholarships can help minimize the debt many students have after graduating college.

Applications for the Temecula Dollars for Scholars program can be found on their website and are due before the recipient selection time period in the spring. The senior awards night where recipients are notified of the money they earned is held in May.

Rest Easy and Meet the Deadlines

BY EMILY PHAM '21

It is that time of year where seniors prepare to submit their college applications. Most colleges have already established a deadline that students must meet in order to be considered for acceptance. The California State University (CSU) and University of California's (UC) applications are to be submitted by November 30. As technology improves making registering for colleges easier, more and more colleges are now turning to the Common Application which is another way for students to submit their college application[s]. This helps students submit an application to multiple of private colleges in a hassle free way. Additionally, for students who can not afford to pay for their first year of college, they may use the Free Applications for Federal Student Aid (FAFSA) to offset the cost.

In order to apply to California public colleges, students are required to submit lengthy and meticulous personal statements. Olszewski stated, "The CSU and UC applications take a long time because they have to write four personal statements. They will have to put a lot of thought into them because it will make a big difference." A college's main focus is on personal statements as this provides insight into who the applicant really is. It is recommended for students to do these ahead of time instead of waiting until the last minute to ensure colleges have enough time to review each individual statement. These can be submitted from November 1 to November 30. Also, the CSU and UC require the A-G requirements and the Scholastic Aptitude Test (SAT) or American College Testing (ACT).

Colleges have been using the FAFSA for decades. This program provides grants, loans, and middle-class scholarships for students who wish to attend a college but need assistance with paying fees. Students must have a minimum score of 1,310 on their Scholastic Aptitude Test (SAT) in order to qualify for the program. Additionally, many colleges use the Common Application, a website where students can submit their applications. This program is mainly for those who want to attend a private college. Senior Counselor Cathy Olszewski explained, "This is a one-stop application because students fill out one application through the Common App, and it sends out to multiple of colleges." Typically, applications are to be submitted by the end of November, but it depends on which college students are looking at. The Common Application informs the students when each college applications are due.

The earlier that college applications are started, the more time and thought students will be able to put into them. Applications are due within the next few months and it is important to remember that colleges will not accept any late applications. It is advised that students use their time wisely and get started on them if they have not already. Applying to college is a milestone in many students lives so students should approach their applications with pride.

Hollywood's Dirty Little Secret Exposed

BY FELIX SIPRA '18

Hollywood film producer Harvey Weinstein is under a firestorm of controversy regarding the thirty-four women that have come forward stating that they were sexually harassed by him. These assaults on women have gone on ever since he was in a position of power in Hollywood and transcends generations of actresses who have made it to the top, at a terrible price. Sexual assault and its corresponding culture lurks in Hollywood, the news media, and the agents of government; which makes it extremely difficult for victims to come forward. Harvey Weinstein's victims were deprived of the human decency they deserved by both Weinstein himself, and the bystanders who allowed the abuse to continue.

Women began to step forward by the dozens after The New Yorker and The New York Times published op-ed's and articles detailing the massive payoffs to actresses since 1990 regarding harassment due to Weinstein's missteps. TMZ later released a verified copy of Harvey Weinstein's contract with The Weinstein Company which outlines a payment plan for every sexual harassment settlement Harvey found himself in. It was extremely difficult for actresses to go after Harvey Weinstein, as he would often pay off journalists, and control what celebrity gossip came out about these actresses. In 2015, Ambra Battilana Gutierrez filed a complaint about Weinstein only to be smeared by the media as unfavorable private details about her past came to light. His tyrannical control over Hollywood and the media kept an open secret from the public for over twenty five years. Many of his fellow producers and other actors were knowledgeable on his despicable acts, but were complicit to save face.

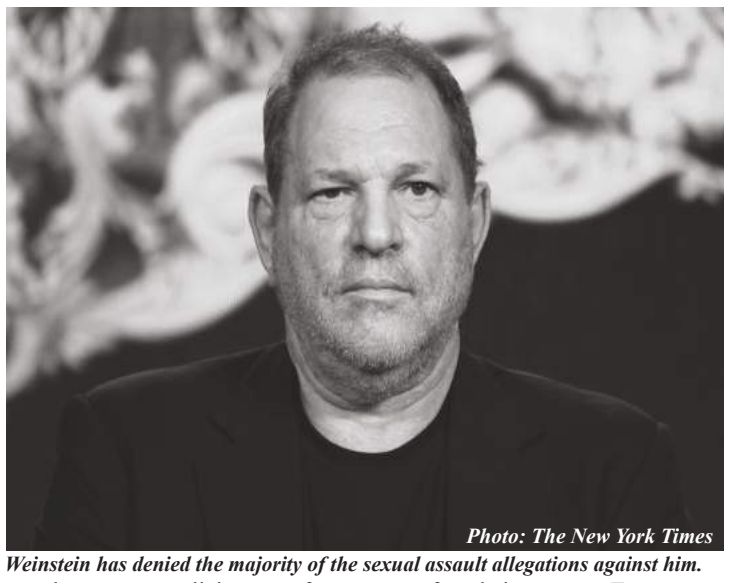

Photo: The New York Times

Weinstein has denied the majority of the sexual assault allegations against him.

Men with power have an issue with using their influence to sexually assault people. It is a phenomenon that goes beyond Hollywood, the media, Wall Street, and the government. People must be held accountable for participating in these crimes, and remaining complicit in them. Harvey Weinstein is only the latest scandal to come to light as women are more empowered to speak up. Harvey Weinstein from Weinstein Co., Robert Ailes and Bill O'Reilly from Fox News, Donald Trump from the Trump Organization, and Bill Clinton have all been accused of making non consensual advances on women. All were in positions of power and used that to coerce women that were in extremely unnerving situations. Most of these women were working for these men, and relied on that to pay for their career. To say no would have been a potential death blow to these actresses' careers.

Rape culture in America is real and affects both men and women. Many have passed this off as a weird Hollywood story, but this takes away from the women courageous enough to come forward and use their voice not just to attain justice for the crimes done to them, but to give a voice to women all around the country. Too many times people come forward only for countless others to say "me too." Sexual harassment perpetuates has perpetuated itself because of the complicity those around the assaulter participate in. Too often nothing is done because that someone who had assaulted another individual was a friend, or had something others wanted. The notion that power corrupts is true, but it should not be acceptable.

Photo: Mercury News

As a result of the sexual assault cases against him, Weinstein's career is now over.

Not Their Birth Control, Not Their Choice

BY SYDNEY CLOWDUS '18

On September 29, President Donald Trump's administration issued a notice to employers, stating that the Affordable Care Act's (ACA) contraceptive mandate was being rolled back. The mandate made in 2010 ensured that birth control was covered in women's health care with no co-pay, as employers were required to cover at least one of the eighteen FDA-approved birth control methods. Now, employers can withhold birth control coverage from their employees if they have religious beliefs against providing contraceptives, or if they object contraceptives on the "basis of moral conviction." The regulation was effective immediately, resulting in many women having to pay out of pocket for contraceptives that should be free.

The ACA's contraceptive mandate allowed for over fifty-five million women to have access to free birth control, and the amount of women from ages fifteen to forty four who had to pay for contraceptive coverage was reduced by 16.4%. Now, as a result of the regulation, thousands of women could lose their benefits, and will be forced to pay for it themselves, or omit it entirely. Having to pay out of pocket is an inconvenience, especially for low-income women. Trump's regulation restricts women's rights by placing control of contraception into their employer's hands rather than their own. If a woman uses birth control, that does not affect her work in any way, and has no relation to the employer; the decision of whether or not one uses birth control should be a personal choice, separate from the workplace.

Photo: Toledo Bade

Women are protesting the rollback that allows their birth control to be dictated by their bosses.

With the contraceptive mandate, places of worship were already exempt from the requirements, on the grounds of religious freedom. However, religious entities or enterprises, such as Catholic hospitals and schools, were not exempt, which led to the new regulation. These entities will most likely be the first to revoke birth control from their employees, based on religious beliefs. However, for many women birth control is used for reasons other than contraception; it can be used to control acne, help reduce menstrual pain and migraines, or to manage mental disorders. The women in these religious workplaces that use birth control for any of these reasons, or reasons not listed, are essentially being screwed over by the new regulation since it makes the false assumption that all contraceptives are used for is birth control. Trump put this new rule into effect in order to please his Catholic supporters, but in doing so he is dismissing a large portion of Americans, much larger than that of his Catholic fanbase, as 68% of Americans support the ACA's contraceptive mandate.

Contraceptives are the most effective way to prevent unwanted pregnancy and therefore reduce abortion rates. Dictating access to contraceptives will likely mean a decrease in use, unlike the increase that occurred when the ACA's mandate was put into effect. Women are not going to be as willing, or as able, to pay for something they have had for free since 2011. Unintended pregnancies and demand for abortions may increase, which will cause negative impacts, and will create more problems than there were previously with the ACA's mandate.

Though this regulation aids religious enterprises that were not previously exempt from the mandate, it hinders the women that work for those enterprises. Regardless of the reasons behind using birth control, all women should have access to it for free, and it should not be regulated by their employer. The two entities are not related, and have no reason to be dependent on one another. Trump's regulation is restricting women and their rights, rather than progressing them forward in order to have a more equal society.

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All letters must be signed and submitted to Mr. Leonhardi in room 413 or left in his mailbox. They will also be accepted via email: rleonhardi@tvusd.k12.ca.us

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Due Credit for Youth Activism

BY MAKAYLA RENNER '18

Activism has become an extremely prevalent trend in the younger generations. These young adults have taken it on themselves to bring attention to flaws in the government and have the passion to influence but are often suppressed by the older generation. Older politicians currently run the arena in terms of positions held within the government with President Donald Trump being the oldest person to ever take the Presidential oath of office. Young people are no strangers to being examined and questioned by adult figures, but this inferiority they are subjected to when being criticized as a "softer" generation often results in alienation by politicians. Issues like the financial costs of higher education and the reduction of welfare benefits for lower age groups are judgement calls in which the opinion of younger demographics often goes unjustly ignored.

Previous generations like the baby boomers in the late forties grew up during times of intense political protest with demonstrations against the Vietnam War and pressure to enact Civil Rights legislation. The current political climate has demonstrated a similar pattern where the voice of America's youth is being undercut and their efforts are not being recognized by policy makers. If government officials do not want these young activists resorting to desperate measures, things need to be done to recognize the importance of the young people who will be the ones truly affected by policies being made at the present. Many people working within the government are reaching the retirement age, something that can very easily change the policies they find beneficial to themselves and not that of America's future.

However, the 2016 elections saw a spike in voter turnout for those under the age of 30 with presidential candidates using the campaign trail to reach younger audiences through direct interactions. These older candidates gave younger people a platform for involvement during their campaigns but President Donald Trump has already worked to defund programs that benefit struggling youth. He drastically cut welfare programs that benefit young people and his budget plan seeks to detract significant funds from public education spending and other federal student loan programs.

Young adults are beginning to educate themselves about the world around them through the connectedness of social media. They have important things to say about how officials are modeling a government that will directly affect their future. Credit and influence must be given where it is due to continue the trend of younger ages turning up in almost equal numbers with the older generations like the elections of 2016. These young adults will be directly affected by any current legislation for years to come and deserve the platform to be heard by those who represent them.

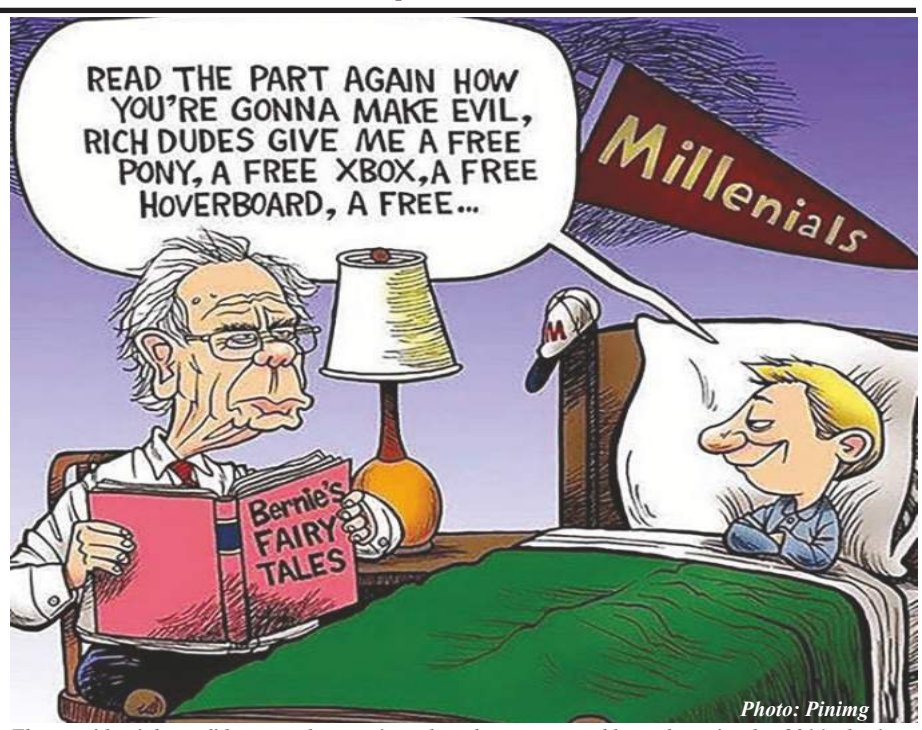

Photo: Pinimg

The presidential candidates made promises that they were unable to keep in the 2016 election.

Tweet, Golf, Complain, Repeat

BY PAIGE ADAME '18

Twitter has become a valuable platform for people to raise awareness, share opinions, and communicate to others around the world. However some have used and abused this social media outlet to express inappropriate thoughts, including President Donald Trump. Since Trump created his account, he has used it to express his opinions loud and clear, with no filter. While this is his right and his tweets are considered to be within Twitter policies, as President of the United States, he should be spending less time on social media and more time doing his job to "Make America Great Again."

Trump has tweeted about several issues in the past month that should have been kept private. Earlier this month, Trump took to social media to explain why his predecessors failed when dealing with North Korea. His tweet read, "Presidents and their administrations have been talking to North Korea for 25 years, agreements made and massive amounts of money paid…… hasn't worked, agreements violated before the ink was dry, making fools of U.S. negotiators. Sorry, but only one thing will work!" For the second time, the President insinuated war on North Korea for the entire world to see. The first time he hinted at war was in late September when he decided to tell the world that North Korea "won't be around much longer!" after their foreign minister spoke at the United Nations General Assembly. The foreign minister commented on Trump's tweet stating, "Last weekend, Trump claimed that our leadership wouldn't be around much longer and he declared war on our country." Regardless of whether or not that was Trump's intention, it should stand as a warning to him and other government officials that they should think clearly about what they are tweeting. Trump should not even be tweeting out about world issues over social media, instead he should be dealing with them in private where words and actions are confidential. Trump's tweets are extremely inappropriate, especially during a time of need.

Photo: Twitter

Trump hinted at war against North Korea using Twitter for the world to see.

The President also uses Twitter to belittle and call out anyone who is in disagreement with him about anything. The Golden State Warriors were invited to The White House in which case, Stephen Curry decided to decline the invitation. Trump then took to Twitter to officially uninvite Curry for hesitating "a great honor". Instead of whining about Curry, Trump could have let it go and moved onto doing his job. He even called out Hillary Clinton for blaming everyone for her loss in the 2016 election. True or not, his focus should not be on the past, but rather the future of the country he is supposed to be leading. When he is not tweeting shameful things, he is using his account to give updates to the world about what his administration is doing. However, the tweets that get the most attention are the ones that should not have been tweeted in the first place .

Trump's childlike behavior is likely to get the United States into some serious trouble. His Twitter account should be monitored and tweets should be screened by those who actually hold professionalism in The White House. His lack of common sense makes the entire country look miserable and in a state of total chaos. As president of the United States, Trump is representing the country in the worst way possible through his ignorant parade of tweets that show up on his profile everyday. Rather than using his social media to update the world on his feelings, Trump should be using his social media to unite the American people, especially during a time of constant disagreement.

Photo: Business Insider

Liberals and conservatives should agree that Trump should not abuse his twitter.

Felony to Misdemeanor

BY MEGAN IRWIN '21

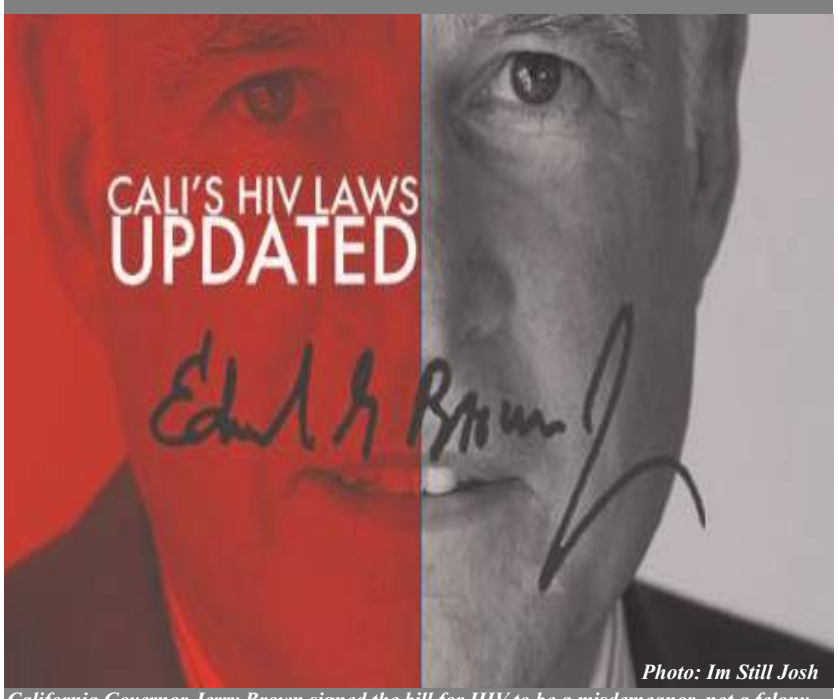

Photo: Im Still Josh

California Governor Jerry Brown signed the bill for HIV to be a misdemeanor, not a felony.

In the United States, Human Immunodeficiency Virus, more commonly known as HIV, is a felony sentence if knowingly spread. In spite of that, California passed a new bill (SB 239) that lowers the sentence of knowingly spreading HIV from a felony to a misdemeanor. Lowering the sentence for HIV was a mistake on the government's behalf seeing as though this bill denies justice to those who were purposely infected, but allows criminals to get away with murder with an immensely lower sentence.

The simple-minded creators of this new bill are Senator Scott Wiener and Assemblyman Todd Gloria; they thought the old law was outdated and perpetuate stigmas towards those with HIV. Although he is choosing to remain neutral on this topic, Governor Jerry Brown signed this bill into action on October 6 and it will go into effect in January 2018. The bill states that donating blood while knowing that it is contaminated with the HIV is now only a misdemeanor. This simple action could affect the lives of countless people, possibly even kill them. However, those who commit this heinous crime only have to serve the time of a misdemeanor. Both Wiener and Gloria believed that the most effective way to reduce HIV was to destigmatize HIV so that people will not be shamed and more be more willing to seek treatment. What Wiener and Gloria fail to realize is that HIV treatment can be costly, and if one is infected with HIV it demolishes life expectancy greatly.

Purposely spreading HIV should be looked at as attempted murder. If one spreads HIV to someone on purpose it not only decreases life expectancy but lowers one's chance at battling sickness which could ultimately lead to death. The fact that people will receive a slap on the wrist for knowingly infecting someone with a possibly deadly virus is monstrous. A human being who infects another human being should serve the same amount of time as someone who committed murder. If HIV could ultimately lead to death, a six month sentence is not enough of a punishment for the pain this leaves the victim with.

Changing the previous laws about HIV was a hugely miscalculated risk and will have major effects, none of which will be positive. Being infected with HIV can be a life wrecking moment and for someone to hold the power of transmitting this disease with intent is undoubtedly worthy of a greater penalty. The government continues to make many mistakes such as these, eventually leading to more problems that will affect the lives of millions in the United States. How is it fair when the victim is the one who has to serve the life sentence, while the criminal may likely be out in as little as six months and be back out on the streets luring in their next victim?

Entertaining Crafts Teenagers will Enjoy Creating This Fall

BY PAIGE CRAWFORD '20

Photo: sweetpaulmag

"Glitter pumpkins" can be made by gluing a variety of colored glitter onto a fake or painted pumpkin.

With fall now in full effect, students are more likely to see more themed "do-it-yourself," or DIY, activities scattered on Pinterest and other idea sharing platforms. Ghosts, fictional characters, skeletons, clowns and more are the Halloween inspirations for different crafts. Many people are excited to start creating these fall-themed crafts, from Jack O' lanterns to leaf Garlands for decorations.

As kids, everyone remembers making decorated hand turkeys, Jack O' lanterns and baking with the pumpkin remains. Traditions like these have stayed with teenagers even into their high school years, as they still enjoy art and crafts. Room decor has been very popular recently, especially seasonal decor. Pumpkins are a necessity for any fall decor, which are both inexpensive and eye-catching. Fake plastic pumpkins can be found for cheap prices almost everywhere during this fall season. The pumpkins can be decorated with materials such as glitter, leaves, paint and fabric. These materials can be hot-glued or pinned to the pumpkins and placed all around the room for beautiful decor. However, fall DIY decor can be even simpler than that. Fake leaves and pinecones can be used to create stunning centerpieces or just as decorations that can be placed anywhere. Fall has a variety of elements that one can incorporate, so crafts can be easily made with little to no effort and still look beautiful.

Halloween is one of the most popular things about fall, and is also shown to be very popular when doing arts and crafts as a teen. Carving pumpkins is the most well known, being a household tradition for many across the nation. These pumpkins are usually carved with a scary face, but more intricate designs have been displayed in the past years. People have been creating detailed carvings on pumpkins of celebrities, places, or even movie designs. These unique designs can be achieved by using small knives and thinning the pumpkin instead of taking out a whole piece of it. The task can be very time consuming and requires greater skill, but the outcome will look amazing. Halloween decor can be as simple as paper bats and ghosts, but people can make the average Halloween DIY decoration unique with a little spray paint and a mason jar. This can be done by taking an empty mason jar and taping on designs of the person's choice. Commonly used designs are small cutouts of bats, ghosts, pumpkins, or even a whole haunted house. Use spray paint on the whole jar to add some color, When the designs are peeled off, people will have a beautifully decorated jar that can be used to hold candles.

Fall has many enjoyable activities included in the season, such as the various arts and crafts one can do for decorating rooms or just for fun. These crafts can be displayed everywhere around the house and can be very enjoyable to make. DIYs can be a fun way to relieve students from the stress of school, allow teens to adapt to fall, and prep them for the holiday season.

Photo: growingupbilingual

Fun, easy-to-make, pumpkin turkey crafts for the autumn season.

Popular Foods This Fall Season

BY KATIE FLACK '20

With the summer being long over and autumn having arrived, there has been a change in the types of foods people are eating. Rather than meals like burgers and barbecue, people's appetites have shifted towards foods like chili and sweet potatoes. Some simply enjoy the flavors of fall while others enjoy homemade cooking that brings back pleasant memories. With Thanksgiving being a significant part of the season, food is a beloved aspect of fall and a big part of what defines it. Some of the more popular fall foods include butternut squash, pie, brussel sprouts, pumpkin spice-themed dishes and caramel apples. Pumpkin spiced-themed dishes include pumpkin spice brussel sprouts. These kinds of foods appear to be the most popular because they either grow during autumn or have elements and flavors that compliment dishes that do. Junior Sophia Garcia said, "My favorite fall food is pumpkin pie because I'm like obsessed with pie." Pie has proven to be an important part of fall culture, and according to the American Pie Council, approximately 700 million dollars worth of pie is sold in grocery stores alone every year. Pie is one of the most popular foods eaten as it makes a bigger appearance in stores during this season and is typically the main dessert for Thanksgiving dinners.

Along with fall-themed foods, fall-themed drinks are back in season. Some of the most popular beverages around this time of year are apple cider, pumpkin spice-themed drinks and hot chocolate. Warm drinks are preferred during this season because they provide warmth as the weather gets cooler and bring back many good memories. Senior Hope Ashcraft said, "I like the Pumpkin Spice Latte from Starbucks because it brings back memories of me and my mom driving and drinking coffee and talking." Fall drinks can have this kind of effect on many people which can be a big reason why people enjoy them.

The food and drinks of fall have returned to everyday life as autumn arrives. Because of their distinct charm, fall meals and drinks have earned a reputation for their taste, ability to bring memories to mind and the warmth they provide when enduring the chilly weather. The contribution made by seasonal foods has a significant impact on culture. Many family traditions and celebrated holidays, such as Thanksgiving, revolve around the enjoyment of fall foods. These foods are mainly accessible this time of year and bring about fun and coziness for the people who enjoy them.

Fall Activities in Temecula

BY CHRISTIAN TIFFANY '18

Photo: Whatsuptemecula

Local children participating in last years Halloween Festival at Ronald Reagan Sports Park.

It is the time of year again time where summer fades, and the cool weather to rolls in. While Temecula might not have the prominent season like other places it is hard to miss the signs of fall. With the crates full of pumpkins rolling in and the leaves turning shades of orange, one cannot help but be excited for all the activities coming to Temecula. Every year, there are numerous events that show up for only the month of October, making it hard to decide what all to do in such a limited time.

One popular festivity that is hard to miss is the numerous pumpkin patches that open up around town, dotting every street corner with bright lights and smiling guests. Pumpkin patches provide fun for families, but they also make a perfect date for couples looking to share memories with each other. Peltzer Pumpkin Farm is one of the major pumpkin patches in the Temecula area located on Rancho California Road. They are one of the few pumpkin patches to be put on Temecula's Top Things to Do on Tripadvisor. While providing the traditional experience of pumpkin picking, Peltzer puts their own unique twist on their pumpkin patch by giving guests with the unique experience of gem mining, and pig races. Events like these are what set Peltzer apart making for a memorable experience that is unlike any other pumpkin patch in the Temecula area. Playing off the more traditional feel of fall, the city of Temecula hosts an annual Halloween festival in Ronald Reagan Sports Park, providing families with games, vendors, and an overall fun experience. Its has been the tradition of Temecula to provide for the community a fun and safe event where all parts of the city experience t he wonders of fall.

While pumpkin patches might be the first thing most people think of, the cooler weather that accompanies October provides with it hidden treasures and experiences. During summer, parks are great for going out and being active, but during fall one can walk through these parks and take in the beauty of the leaves changing. Harveston's many parks are just one of the many popular hangouts for students, offering numerous activities from fall sports to paddle boating around the duck pond with the cool air and colorful leaves all around. With the cooler weather comes warmer clothing and Senior Lauren Taff cannot wait for, "the pretty leaves and everything slowing down and getting to wear sweaters." Since living in California means that the weather is almost always sunny, the ability to finally dress in cute sweaters and pants excites many.

Temecula provides many unique experiences for the fall season with countless events for one to partake in. From big to small there are many ways for students to go out and celebrate the new season with. Fall is already here, so it is time to grab that Pumpkin Spice Latte and a warm sweater and go out and enjoy the festivities coming to Temecula.

Photo: Tripadvisor

Peltzer Pumpkin Patch has many exciting fall activities one can partake in, in Temecula.

Haunting and Hilarious: The Haunted Attraction Experience

BY JILLIAN GREEN '20

Photo: Insidethemagic

Photo: Marketwatch

Photo: Parkjourney

From challenging, mind-bending, escape rooms to creepy scare zones at the world-renowned Knott's Scarry Farm, there are countless huanted activities one can attend to get a spooky fright this halloween season.

With all the fuss of October season, it is easy to get lost in the pumpkin carving and costume shopping. Eventually, students grow tired of the candy and costumes and look for more fright in their Halloween night. When teens outgrow trick-or-treating, there is not much left to be done on Halloween. However, haunted attractions and escape rooms are excellent ways to get out of the house and get together with friends. Some spooky activities include going to haunted houses, amusement parks like Knott's Scary Farm, and escape rooms.

Haunted houses were first created at circuses and took hold in the early 1900s. Since then, there have been over 1,000 just in the United States. Haunted houses around the greater area include RC Haunt, Sinister Valley Haunted House, The Day 31 Haunt, and Coffin Creek. Senior Nathaniel Mitsuno recalled his experience at a haunted house and suggested that, "if you just want to get a good scare or a good laugh from the reactions of your friends, I would say, yeah, go for it. Go do a haunted house." While haunted houses can be sub-par, some of them are well put together and use props and scare tactic performers to make the experience memorable. "If you like the thrill, I recommend visiting a haunted house," said Sophomore Jeremy Guizar. However if an attendee is easily frightened, it is important to check reviews and look at safety and health concerns before attending. These attractions are open for visitors young and old and provide a haunting experience at a less haunting price.

Knott's Scary Farm is another grand attraction for thrills and goosebumps. Not only do the characters roam around the park, but they also attend the rides and booths. Some of these characters include zombies, clowns, dolls, skeletons, and witches, all of which continuously haunt and follow the visitors in an attempt to frighten them. Knott's Scary Farm is typically a hit among many of its attendees. Along with the amusement park's roller coasters and rides are various mazes and games, and the characters also interact with the visitors. As terrifying as Knott's Scary Farm is known to be, the attraction can still be hilariously fun with friends and is highly recommended.

If students love a good challenge but are not as fond of being frightened, another great attraction to go to is an escape room. Escape rooms have recently become more popular and are spreading like wildfire. In order to win, participants must rack their brains to find clues and discover a way out of the escape room before time runs out. Some local ones include Brain Actz Escape Room, Mindtrap Escape Room, and Get A Clue Room Escape. They can be an incredibly challenging yet boisterous way to spend Halloween. The unique part about them is the constant changes to the rooms and the different storylines that come with each visit. The most popular themes include Sherlock Holmes, pirates, spies, prisoners, medieval quest, and zombie apocalypse. Escape rooms are a blast for those who are in for a challenge and ready to rally with friends to beat the game.

Haunted houses, Knott's Scary Farm, and escape rooms are all wonderfully entertaining attractions one can visit alone or with friends and family. Before attending, it is advised to check the safety of the attraction as well as if anyone in the participating group has health conditions unsafe for the events. Halloween is right around the corner, and there is no better time than now to get together with friends for a good scare. Most of these attractions require tickets, so be sure to buy them ahead of time.

Keeping Halloween Spirits Alive with Pumpkin Carvings

BY DESTINY VELARDE '18

Photo: Romy Ladero

Seniors Celine Bojo and Sirena Perez at Peltzer Farm's pumpkin patch picking out the perfect pumpkin for carving.

As a Halloween tradition, people all around the world dress up as anyone they want to be and walk around their hometown scaring neighbors or trick-o-treating. Another Halloween tradition is pumpkin carving where people pick their favorite design and engrave it into a pumpkin. As the years go by, people begin to outgrow some of these cherished traditions as they no longer feel the need to dress up or go out and trick-or-treat. However, many students still enjoy this spooky holiday and keep the tradition of Halloween alive.

Senior Kelsey Hoskins is one of many students who still enjoys the traditions that this holiday has to offer. "I love Halloween because I find it fun to decorate my house with cute decorations, carve into pumpkins with my family and dressing up as one of my favorite characters is more than exciting," said Hoskins. Although she no longer goes out and trick-or-treats, Hoskins still dresses up and gives candy to the children who pass through her neighborhood. Sharing the holiday spirit, Sophomore Hayden Silva is also a Halloween fanatic as she claims, "Halloween is my favorite holiday because it's when I always go trick-or-treating with my family and spend time together. One of our biggest traditions each year is to carve pumpkins." Silva is very fond of Halloween because it is so much fun to dress up and be together as a family, especially her younger brother who she barely has time to spend time with now.

The tradition that does not die is pumpkin carving as it is a cherished activity that will never become too childish for Hoskins, Silva, and many other people. Hoskins has been carving pumpkins all month as a way to enjoy her last Halloween home before heading to college next year. Two of her best carvings were a kid friendly ghost and a Jack Skellington. "The idea of the ghost was found on Pinterest, and I loved it because who doesn't like a cute halloween design?" said Hoskins, "I loved the Jack Skellington painted because it will be shown in the day and night and thought it was super cool."

Although many students lose their Halloween spirit, it is still possible to bring a tradition back. Most students have outgrown trick-or-treating, but pumpkin carving is an activity for all ages. It is something students can do alone or with friends and family. Halloween is just around the corner, but there are still plenty of fun opportunities to show some spirit before the spookiest night of the year.

Photo: Destiny Velarde

Senior Kelsey Hoskins smiling with her newest pumpkin carving creations.

Chaparral's Newest Rockstars: Delilah

BY JOELLE MONSALUD '18

Polaroid Photo: Dean Reynolds

Senior Dean Reynolds and Sophomore Lilah Vener taking a break from their Homecoming concert.

Between academics and extracurricular activities, it can be hard to believe Sophomore Lilah Vener and Senior Dean Reynolds have time for a rock and roll band. Somehow Delilah, as the group calls themselves, managed to produce professional, quality recordings on their SoundCloud account, performed at Homecoming this year, and are still planning their next step forward.

Despite the fact that the band only consists of two members, Delilah demonstrates an incredible passion for their music. Vener, who plays acoustic guitar, said, "I've been doing music for as long as I can remember. I think I can remember writing songs before I could comprehend what words were and meant… I never had someone to look up to musically, but… I just was always so infatuated with music and everything to do with it." On the other hand, Reynolds said, "[At first] I didn't know how music worked. I just kind of knew how to do it… As I learned how music worked… [I realized] it's about time and effort and putting in elbow grease."

The dedication to music that the band has is strongly evident in their recordings. With a rich, full sound, Delilah seems more like a professionally produced band than a couple of high schoolers at a home studio. "[It is] an extremely small bedroom… I have a table set up with my monitors and my speaker," Reynolds said, "The closet, I have converted into a vocal booth." In regards to the recording process, he said, "I'll spend an afternoon putting together a track, then I'll have her come in." With so much effort invested into the recording studio, the rock band utilizes it to its maximum potential and have recorded and released four covers as of September 10.

Even at Homecoming, the band was able to maintain their professional sound. Vener said, "With four hands, it's hard to play all the instruments that we do." While it was difficult to translate their authentic studio experience to a live one, Delilah managed to work around the limitations that come with being a duo. In order to play their songs live without having to sacrifice their artistic integrity, Delilah resolved to pre-record some elements of their performance. "It's not covering for us as musicians," said Reynolds, regarding the compromise, "We're still playing the guitars, we're playing the parts, but we get the added energy of the bass and drums... No karaoke tracks." After completing their hard rock set, which included a cover of "Black Dog" by Led Zeppelin, the band shifted to an acoustic set that comprised of live piano, acoustic guitar, and delicate harmonies. Singing renditions of Cage the Elephant's "Cigarette Daydreams" and Elvis Presley's "Can't Help Falling in Love," Delilah set a softer mood for couples to slow dance to as the event came to an end.

At this time, the members of Delilah are taking more free time away from the stress of band practice to focus on school and their other endeavors. However, students can expect to hear more music from them as they intend to release an extended play on a yet to be finalized date, hopefully by the end of this year. For updates, Delilah can be found as @delilahsounds on Twitter, and their recorded tracks are available for listening on SoundCloud.

Photo: DELILAH

Delilah plans on releasing an EP of their music in the near future.

Performers Light up the Dance Floor at Rivals Competition

BY RHYS WEAVER '20

On October 19, passionate dancers satisfied their hard work with the success and fun of this year's first Rivals dance competition. After much time and dedication, every group involved danced their hearts out and showed the crowd and fellow teammates the skills they had been waiting to show off for months.

Rivals is a big deal for dancers in the community and is a platform for them to perform and take pride in the language of dance. Each group, whether it be the advanced dance co-ed team, the advanced boys of Agi*lity, the intermediate girls of Vicious, or the competing teams of other schools like Vista Murrieta High School (VMHS) and Temecula Valley High School (TVHS), each team showed their best effort to impress the judges and show pride in what they love to do.

The night started off with introductions from the advanced co-ed team, as well as Paloma Square One, VMHS Unlisted, and the TVHS Alliance. After those heartfelt performances, a lighthearted dance battle was fought between Agi*lity and its alumni. More performances were put on for the crowd after the Agi*lity battle by the intermediate boys Intellect team, along with TVHS Vitality, Affiliation, and the alumni of True Gang Members (TGM).

The night continued on with a battle of the VMHS Bronco dance crew versus Affiliation. The crowd cheered enthusiastically for the teams they were rooting for, with each individual dancer surprising their audience again and again. But after the group of voters chose their winning teams, Affiliation won. After the battle came Vicious, the intermediate girls crew, with their army-themed outfits and vibrant cast of dancers. "We put in a lot of effort into being the best we could," Sophomore Gina Brass, member of the intermediate girls dance team, said, "Getting to perform for all of those people[...]and finally going up there to show the piece we worked so hard on was really great." Vicious was followed by shows by the Family That Dances Together (FTDT), the Bronco dance crew, and another battle, this time a dance fight between TVHS and FTDT. TVHS came through in the end, kicking off the final two performances of the night: the advanced girl team, Divas, and the advanced boys of Agi*lity.

Photo: Joelle Monsalud

Dancers from both of the finalist teams kept their spirits positive and motivating until the final showdown.

The final battle ended the competition with a dance off between TVHS and Affiliation. The crowd at this point was surging with cheers and intensity, the dancers mirroring that with their own rushes of adrenaline. After a close fight and jaw-dropping performance from each side, Affiliation was crowned the winner. Although there was a clear winner, every dancer involved remained just as excited as they had been at the beginning of the night, proud of the performance they had given the crowd and the growth they had shown together as a team. "We could be dancing and it could just be us, but it wouldn't be fun," Senior Matt Yangao, performer for Agi*lity and Affiliation, said, "It's more-so the people and the support we all have for each other. If it weren't for all the people surrounding me, I think that I wouldn't be where I'm at right now."

Future dance performances include the next Rivals competition on May 4 in the gym at 6. and the All Valley Dance Production on December 7 and 8 in the Performing Arts Center (PAC) at 7. Students who want to see more of the dancers can do so at the next Dance Production show next semester at the PAC on March 15, 16, and 17 at 7.

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Chaparral - The Platinum Press - October 27, 2017

Fall Concert Starts CHS Choirs off on the Right Note

BY LOUISE KIM '19

Photos: Jay Wilson

The school's choir ensembles including Platinum FX, Dynamics, Chamber Choir, Forte, and Team Tone all performing at their annual public Halloween production that had an amazing turnout.

On October 25 and 26, Chaparral High School (CHS) Choirs presented a spooky show just in time for Halloween in their annual Masquerade Fall Concert. The show featured Platinum FX (PFX), Dynamics, Chamber Choir, and for the first time Forte (Men's Ensemble) and Team Tone as they sang and danced to songs from *Young Frankenstein, The Hunchback of Notre Dame*, and more.

The vocal music department kicked off both nights in the Performing Arts Center with Dynamics, an all-girls group. Dynamics sang their hearts out and thrilled the audience with songs from the well-known film *The Nightmare Before Christmas* and the musical *Young Frankenstein*. In between each group that performed, the Masquerade Fall Concert gave students a chance to show off their individual talents through solos and duets. On the first night, CHS Choirs presented performances by Junior Alexandria Basoukas, who sang "I Won't Say I'm in Love", Senior Kayla Jarry, who sang "Right Hand Man", and more. On the second night, soloists and duettists continued to impress the audience with a different lineup singing songs like "Como La Flor", "The Lonely", and "The Power of Love". Additionally, Chamber Choir put on quite a show with selections from *The Addams Family* musical. Their performance added on to the concert's Halloween theme and spooky atmosphere. The thrilling conclusion to the fall concert was a medley of *The Hunchback of Notre Dame* by PFX. "The set we have this year is so much different compared to our Halloween set from last year," said Jarry, president of PFX, "Last year, we did *Phantom of the Opera*, and we were all in black and it's very dark but this year with [The Hunchback of Notre Dame], it's very colorful and joyful." Members of Show Choir began rehearsing the medley since summer, and their hard work paid off as they delivered each note and each move with precision.

This year, the Masquerade Fall Concert also featured two clubs, Forte and Team Tone. Forte, a new club on campus, debuted with "Stitches" by Shawn Mendes. "Just getting to perform in front of a crowd and getting to see the people be excited" were the highlights of the show for President Levi Gunn and the men in Forte. Team Tone, an a capella group, showed off their vocal abilities in the annual fall concert as well, singing a spooky rendition of "Because" by The Beatles. Senior Alexa Lugo and president of Team Tone stated that the a capella group brings a lot of "independence in the music department and choir department". Being able to sing in the fall concert without "traditional instruments" was "really new and exciting". Both Forte and Team Tone proved to be important additions to the concert lineup, bringing fresh, new sets audiences have not seen before.

Once again, CHS Choirs pulled off performances that turned out to be quite the crowd pleaser. The Masquerade Fall Concert started off the Vocal Music Department's season in the right direction. Although the fall concert is over, each choir continues to rehearse and practice in the hopes of improving their vocal abilities and executing more successful shows.

Blithe Spirit Welcomes New Thrilling Theater Season

BY JOELLE MONSALUD '18

Blithe Spirit, written by Noël Coward, is the first drama production of the year and has recently concluded its run in theater, setting the stage for the upcoming season. The comic play helped set the mood for a spooky end to October, but its humorous dialogue kept audiences laughing in their seats.

The play began in the house of Charles and Ruth Condomine, played by Senior Dylan Robb and Junior Leah Barlage respectively, and portrayed the latter's struggle to rid of Elvira, the conjured ghost of his first wife, played by Senior Kayla Jarry. Elvira, accidentally summoned by the eccentric psychic Madame Arcati, played by Senior Hope Reichert, adopted a poltergeist-like attitude in the attempt to drive apart the Condomines' relationship and ultimately regain Charles' affection. In her attempts to do so, she injured Charles and the Condomines' maid and accidentally killed Ruth. After numerous failed efforts to send Elvira back to the afterlife, including another séance that ended up bringing Ruth back, Charles eventually abandoned his decidedly haunted house.

Initially written and performed in early 1940s London theaters, *Blithe Spirit* contains formal, sophisticated language. Despite the tricky vocabulary, the quick lines exchanged between the often arguing characters livens the otherwise dialogue-heavy play. Robb said that the dialogue played an important role stating, "Each line is specifically crafted and so if you can deliver that line to its fullest extent it makes for a very enjoyable experience." With so much relying on the delivery of the dialogue, the actors and actresses spent the past month rehearsing their complex lines and understanding their eccentric characters in preparation for their performances. In finding the inspiration for Madame Arcati, one of the more dynamic characters, Reichert said, "For me, when I prepare for a role, I like to relate it to… a show I've watched or like, someone I know… She [Madame Arcati] kind of really reminds me of Debbie Reynolds from *Halloween Town*." On the other hand, Barlage, who played a more reserved character, said her own character "was so highly strung but in a way where she might've come off a little like mean, but that wasn't her demeanor at all." With portraying Ruth, Barlage said, "Everyone's reply is always like, 'wow, you're so… bubbly, and then your character's so highly strung,' and I think it's easy to play someone that is… similar to your own personality but for me I like to step outside of my comfort zone and do things that aren't necessarily myself because it's nice to be someone else for a moment, to just like, play with it… I enjoy it a lot because it's a new experience."

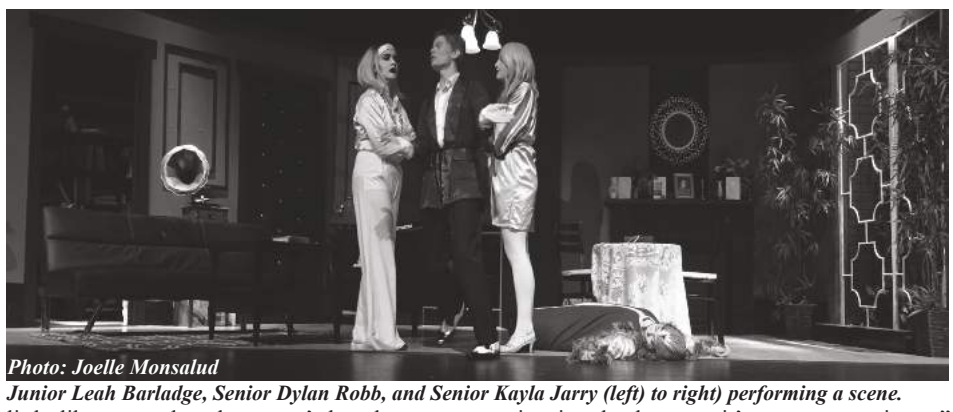


Photo: Joelle Monsalud

Junior Leah Barladge, Senior Dylan Robb, and Senior Kayla Jarry (left) to right) performing a scene.

The cast of *Blithe Spirit* each said that they fully enjoyed participating in the incredible production, and would all like to thank Mr. Irvin for their roles. The drama department has scheduled two more iconic productions for students to watch during next semester called, *The House of Blue Leaves* and *Young Frankenstein,* both scheduled to show in mid-January and mid-April respectively.

New Seasons for Television's Most Popular Shows

BY LOUISE KIM '19

Engrossing oneself in a television show with an intriguing storyline and lovable characters can be an exciting way to make time fly by. The wait for the next season, however, is agonizingly slow for viewers itching to know what will happen next. Luckily, that wait is over for many people as some of T.V. and streaming services' most popular shows have returned or are scheduled to return within the last few days of October.

Riverdale, a drama series based on the characters from Archie Comics, premiered its highly anticipated second season on October 11. Starring Keneti James Fitzgerald "KJ" Apa as Archie Andrews, Camila Mendes as Veronica Lodge, Lili Reinhart as Betty Cooper, and Cole Sprouse as Jughead Jones, this show features a new take on Archie and his friends as they explore the mysteries and darkness lurking in *Riverdale*, beginning with the death of Jason Blossom in Season One. With intense drama and mystery in every episode, fans are ecstatic to see how the story will unfold and what the fate of the characters will be in the rest of Season Two, especially since the cliffhanger revealed the new dilemma the teens are going to have to deal with: finding the shooter who shot Archie's dad and is targeting everyone that he loves. "I'm excited to find out how everybody's relationship is going to go," said Junior Alyssa Mosqueda. Fans like Mosqueda can find out just that and more as *Riverdale* continues to release new episodes on Wednesdays on The CBS and Warner Brothers (CW). Eventually, the show will be available to stream on Netflix for those who prefer binge watching it all at once instead of waiting every week for a new episode.

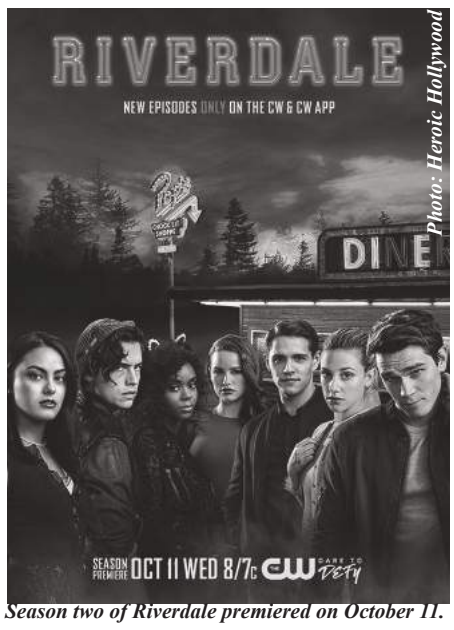


Photo: Heroic Hollywood

Season two of Riverdale premiered on October 11.

Stranger Things, a Netflix Original, is another well-received series releasing a second season. Impatient fans could finally be at ease as Season Two of this supernatural science fiction show was released today with nine new episodes, just in time for Halloween. Set in the 80's, *Stranger Things*, starring award-winning actress Winona Ryder as Joyce Byers and Finn Wolfhard as Mike Wheeler, began with the disappearance of Joyce's son, Will, in Season One. As the title suggests, strange things occur in their small town in Indiana, and things began to get stranger as Will's friends and family unraveled a series of mysteries revolving around a girl named Eleven, government experiments, and a realm called The Upside Down. "It's different from most shows that you'll see," said Senior Devin Brown, "It's set back in the day, and it also has sci-fi elements in it." Although there was a resolution at the end of the first season, not all questions were answered. If anything,

Photo: The Verge

Stranger Things new season is available to binge watch on Netflix.

the final episode left viewers with even more questions about the supernatural disturbances in Hawkins, Indiana. Along with many other fans, Brown is curious as to what the "Upside Down really is" and hopes Season Two will reveal some answers.

October has returned with new seasons for, not just *Riverdale* and *Stranger Things*, but also some of the most popular shows, and fans everywhere are excited to continue watching their favorite television series to see how the stories will unfold. It is also a good time for people to discover new shows that peak their interest. There is a wide selection of shows on top of the ones mentioned, from Season Fourteen of *Keeping Up With the Kardashians* to Season Four of *The Flash* that are now available to watch or stream, so regardless of what genre one prefers, October offers something for all to enjoy.

Collecting Vintage Items: A Pastime

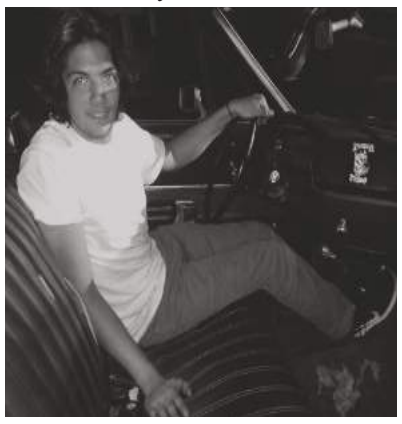
BY KATIE FLACK '20

Collecting vintage items has been a hobby of many people for a long time. No matter what they enjoy collecting, a multitude of people appreciate the style of many older commodities and the history that they keep alive.

Much of vintage collecting involves cars. Some of what collectors enjoy the most about the cars is the distinct driving experience. Unlike newer cars, vintage ones tend to enhance the senses through the stronger feeling of the vehicle's vibrations. This is because most vintage cars are not designed to keep the passengers as secluded from the road, making drivers of vintage vehicles feel more connected with the experience of driving. However, another large factor in the popularity of these vehicles is their unique styles. Senior Caden Horner explained that, "Personally for me, I love cars, and I like kind of a vintage, old, muscle [car] look of vehicles from that era." Horner's family currently owns five cars, his favorite of which is his 1970 Ford Country Squire. "It's easy to work on, the insurance is sixteen dollars a month, and it's cool," he said, "It gets me where I need to go." Through their cherished traits, vintage vehicles gain increasing popularity amongst those looking to reconnect with the road.

All Photos: Caden Horner

Vintage cars may be popular to collect, but there are many other antiques collected as well like musical instruments. Music is one of the most popular forms of entertainment, so it makes sense that the instruments used to make music would be cherished and collected. Senior Dean Reynolds said he looks for playability in instruments. "I want something reliable. I don't care too much about look. That I can change," he said, "I like treating instruments like tools, so I always am looking for something that has value for my recordings." Although people own instruments because they enjoy performing, many instruments can also be a nostalgic way of reminiscing over the different eras of music. "I love guitars," Reynolds said, "but my favorite instrument is the piano and my dad's 1978 Yamaha Upright Studio Grand is my favorite. I'm more of a piano player than a guitarist, and there's something special about that piano. My dad played it all through college, and it's the most sentimental instrument we have and it also plays beautifully." By owning belongings of the past, people are able to keep important memories alive.



Senior Caden Horner and his 1970 Ford LTD Country Squire Station Wagon, one of many cars her has collected.

Although they are older, vintage items are still popular due to their distinct characteristics and the sentimental value many people appreciate. People enjoy collecting antiques for these reasons and by collecting them, the commodities' styles remain in the world.

Keys to Designing the Perfect Room

BY YALENA AGUIRRE '21

A person's bedroom can say a lot about their personality. One can call their room an oasis for expressing their mind and true feelings, providing a getaway from many hours of homework and school. A stable and comfortable environment is key to creating a bedroom that makes someone feel free to be themselves. There are many ways for people to decorate their room in a way that best suits their personality, as well as their many interests.

Designing one's bedroom in a way that expresses their individuality first begins with thinking about their personality. To do this, one can reflect on their individual self and likes in figuring out their own style. Students spend countless hours in their bedroom on a daily basis, making it crucial that their room reflects themselves. While people often think posters are the only way to express their interests, there are countless other ways students can design their room in a way that reflects their true selves. Junior Leah Barlage said, "I believe that it isn't your bedroom decorations that define you, it is the comfort you feel in your own personal space and the things that make up the environment." Being surrounded by the things that creates a person's a personality can surely create a sense of freedom and tranquility in their bedroom.

Along with reflecting on one's personality, finding the right decorations for designing their room is important in making it a place to call home. There are many creative and enjoyable decorations that teens can design their room with. One can hang lights around the room for an aesthetic vibe in their room, make hand crafted decorations to express their creative nature, and many more expressive designs. Sophomore Charlene Miciano explained the importance of having a unique style to one's room. "Society nowadays is centered upon fitting in and sticking to the status quo. It's important to have individuality and express who they really are," she stated. Miciano also elaborated on her bedroom design and overall meaning, "my room is all pink so it always reminds me of my childhood and to always remember my roots." Adding on to personal choices, Freshman Emma Davis described her room as having, "a lot of gold colors and has a lot of nature aspects to it like antlers and birds." Davis also explained how her room and design choices "kinda has a sophisticated and maturity look to it," in which reflects a more matured and simplistic side of her personality. The right decorations can play a huge role in making one's room as comfortable and relaxing as possible.

Designing a bedroom is quite easy. One can easily reflect on their personality and what they like as well as choose what decorations can best fit in with their personal style. All can help one create an environment that is comfortable and reflects on their character. As Barlage stated in making a room full of comfort and truly defining one's personality, "It can be as simple as a pillow or a picture on your wall, all that matters is you feel comfortable and safe. That is what defines you the most be that people see it or not."

Acing Applications

BY CHRISTIAN TIFFANY '18

Photo: Christian Tiffany

Seniors Mya Burlaza and Tabitha Wilson filling out job applications.

Money is a commodity that many teenagers struggle to come by. Of course there is the odd job here and there but these hardly provide enough money to pay for a tank of gas. To be able to buy the most extravagant items is many teenagers' dreams but with the reality of an empty bank account students are looking for opportunities to join the workforce. With Temecula being an ever-growing city, new businesses are constantly opening and providing jobs for teen workers, but it can be hard for students to get motivated to actually go out and apply.

Teenagers today are finding it harder and harder to find jobs, and while most think it is because of a lack of jobs, the main reason is self-motivation. With the process of applying for a job being so tedious, one can feel exhausted from answering the same questions on multiple applications or during interviews. These applications are filled with countless questions to help businesses narrow down and decide which candidate is the best for them, but to students these questions are a hassle as they try to come up with favorable but honest answers that businesses want to hear. Senior Mya Burlaza knows all too well the struggles of filling out applications and said the best thing to do is, "Keep calling, keep going in, don't stop trying. Businesses love seeing you show you really want the job." While it may seem tedious, it is persistence that makes it more likely that a business will remember an applicant and consider them for a job.

With businesses like Jack in the Box, Target and McDonald's almost always offering jobs for students, there are plenty of opportunities for them to join the workforce. These businesses understand that students need jobs to help pay for college, so they provide programs that help students gain job experience and get better paying positions. Starbucks is one example of a business that has helped fund high school employees who need the economic support to attend college. Many businesses understand that students need time to do homework and extracurricular activities so they are flexible with shifts to those balancing a job and school.

Jobs are not only important for raising money but also for giving students the chance to interact with different people and improve socialization skills. "I learn how to approach people and help them find things they need within the store," said Junior Michael Stockdale, an employee at the local Target. This learning is what makes jobs for students so beneficial, helping with communication skills as well as the ability to apply these skills to other aspects of life. "It is important that you apply because if you don't you won't know what you can work on and develop," said Stockdale. Students today are rightfully nervous, as these are new situations for them, and going and talking to strangers is nerve racking. However, it is important to remember that while the applications and process is time consuming, the applications do help students come out and show a new side of themselves. Students looking to apply for a job must also remember to print out or get a work permit from the counseling office in order to legally begin working.

Rossi's Message of the Month

BY TONY ROSSI, HEALTH AND PHYSICAL EDUCATION TEACHER

A trail of hairs should not lead to a trail of tears. If you have not noticed, I have a flaw. . .one flaw. . .my one and ONLY flaw. Do I cry myself to sleep because an ever expanding region of my hair has abandoned me? Someti-- I mean NEVER! With the exception of the aforementioned flaw, I feel pretty good about who I am. My self-esteem is pretty high.

Self esteem, a person's overall sense of self worth, is our base. The better we feel about ourselves, the easier it is to make the right choices; the easier it is to recover from setbacks; the easier it is to deal with everyday life. How do you feel about who you are? It is extremely important that you feel good about who you are. The higher your self esteem, the less likely you are to take part in really stupid activities, such as drinking, smoking, doing drugs or participating in sexual activities. You must also realize that the more you participate in those types of activities, the more you will lower your self esteem.

Teen girls with low self esteem are four times more likely to be sexually active, thinking that it will get them more love and attention. In the end, they realize that they are not getting the love and attention that they really need, and they are flooded with regret.

How can you improve your self esteem? Take control of the parts of your life that YOU are in charge of. Here are a few examples: When you get your report card, how good would it feel to be able to say, "Look what I accomplished. I earned these grades." Put in a little extra effort in this part of your day and see how it can pay off.

If you hang around with people who bring you down instead of lifting you up, or lead you in a direction you do not really want to go, MOVE ON. Get closer to positive people who will be a good influence, who will move with you in a direction that will make you happy and leave you with little or no regret.

Have the ability to use the word "No". It is a sign of strength. You will feel good about yourself for not giving in to something you do not want to do.

Even at my advanced age, people try to pressure me to drink. I do not have much of a taste for alcohol, so I rarely drink. But I am able to resist the pressure because I have high self esteem, and being Mr. Rossi, what else would you expect? (Pause for laughter.)

Photo: Juliana Vasquez-UK

Rossi grabs a bottle of Elmer's glue in an attempt at hair re-growth.

Pumas Learn Sportsmanship

BY ROMY LADERO ‘18

Photo: Shelley Jackson

Student athletes from all sports were invited to a sportsmanship symposium for the CIF Southwestern League.

The second annual Southwestern League Sportsmanship Conference was held at Murrieta Mesa High School on Wednesday, October 18. Around two athletes from each sport in schools from both Temecula Valley and Murrieta Valley school districts were invited to participate in the California Interscholastic Federation (CIF)-driven event. Four speakers ran the symposium, from district superintendents to an experienced college coach to a University of California, Los Angeles (UCLA) Softball alumni. The event was organized by all of the athletic directors in the Southwestern League with the purpose of bringing the schools’ athletes together to discuss leadership, sportsmanship and academics, as well as life after high school.

The Citrus Belt Area Athletic Directors Association (CBAADA) hands a sportsmanship award annually to a high school that exhibits all aspects of the recognition the most. The organization provides a checklist which includes the attending of a symposium as a requirement for earning that recognition. Only in its second year, the interdistrict conference was built with more than that in mind. Assistant Principal and Athletic Director Mr. David Reisinger stated, “We sat down one night at one of our meetings and thought, how are we going to do it? Are we going to do it just to get some award? Or are we going to try to do it so that it’s powerful and has got a message?” The speakers that were invited talked about everything from the recruitment process to college life. They highlighted the idea of juggling school with sports and also emphasized the meaning of leadership, not just for an athlete’s team, but for the community. UCLA Softball Alumni Ms. Marti Reed spoke about her experience as a college athlete and her journey through her recruitment. To a room full of student athletes, she explained how she balanced her life as a scholar and talked about all the difficulties that it came with. Because a majority of the athletes who attended were college bound, Reed’s insight gave many the realistic perspective on that life. “It’s always a good idea to see life after high school from athletes or people who have been there. It helps give students a direction in terms of [what] they may want to focus on after high school,” said Athletic and Activities Secretary Ms. Shelley Jackson. The speakers touched beyond the superficial ideas of sportsmanship. They talked about the natural ways that was built into a leader and how to practice them. Senior Water Polo player Mahlia Medina stated, “I learned it’s important to reach out to other schools and take part in your community. [I will] help people improve their attitude because the biggest thing about being a leader is to improve other people.” The conference highlighted more than athletic integrity; it gave the student athletes insight on their futures and advice on what they should do more and what they should do less. It also gave the students from other schools a chance to interact with each other and allowed them to see each other away from a competitive environment.

Because the event was centered on high school students, the sponsor, Temecula Valley Automall, took the opportunity to present the ideas of texting and driving. It became a running theme for the day, with all of the attendees taking pledges against it. “The texting and driving piece was pretty tough to beat. It’s a really powerful message about texting and driving that really makes you think about how we’ve all done it and how much you can have an impact on somebody,” said Reisinger. The rising issues with texting and driving with the high school demographic made the conference a great platform for its awareness. The conference focused on things beyond the school and athletic lives of the students. It took on more than leadership and sportsmanship, it presented ideas of character and community that brought together athletes from all around the valley.

The Heart of Puma Spirit

BY ALEXIS MARTELL ‘21

This past year, cheerleading became an official sport and the girls on the Varsity team have been practicing harder than ever. The girls practice for a minimum of two hours for two days every week. All warmups and practice days pay off when the girls show their school spirit at the football games, wrestling matches, basketball games and volleyball games. Cheerleading lasts for two seasons, both fall and winter, and also includes practices over the summer. The rigor and the demand for the cheer team with the responsibility of following the major sports is a huge reason behind their intense practice. The team aims to promote school spirit through their stunts and dances, encouraging crowd participation with their athleticism. They also represent the staff, student body and alumni at school functions, public appearances and competitions. The lady Pumas are excited to cheer for the different teams when they compete against other schools.

All the girls see one another as family and plan different outings to bond including beach trips and hangouts. The outside activities the girls plan play a large part in creating relationships and strengthens their performance. Those who have long been a part of the program have taken leadership positions and made it their job to bring the team together. Senior Cheer Co-captain Paige Walter stated, “We have a really strong team bond. Everybody looks up to us and relies on us to be the best. They’re just like my second family.” One of Walter’s roles as the captain is helping the girls in and out of school. The captains take time out of their lives in order to help the younger girls with learning the new skills and routines. All practices consist of running cheers or routines and dances, as well as team bonding and stunts that are relevant to the cheers for that week. Senior Co-captain Jane Beltz stated, “My favorite part is hanging out with my friends and probably learning new skills and helping the younger ones learn the skills; working with my coach as well.”

While being involved in sports is important, being academically involved is just as crucial. Beltz stated, “The challenges aren’t too bad, because they are really good with helping us with getting our school work done at the same time.” Sometimes practice lasts longer than originally planned which can become a problem when it comes to completing homework. Challenges like this allow the girls to push themselves to get their assignments and projects done before or after practices. The girls also believe communication is extremely important and is something they should improve upon. Beltz said it is important that all of the girls help one another out when they are struggling so that no one falls behind.

This year the school started a new competitive cheer program focused on stunting that the girls are all very excited to take part in. The girls use their spirit to energize the crowds at the various that occur on and off campus. Their mission statement focuses on the representation of the school’s spirit at the school functions. The cheerleaders’ support of the sporting events is what makes them an important part of the athletic department.

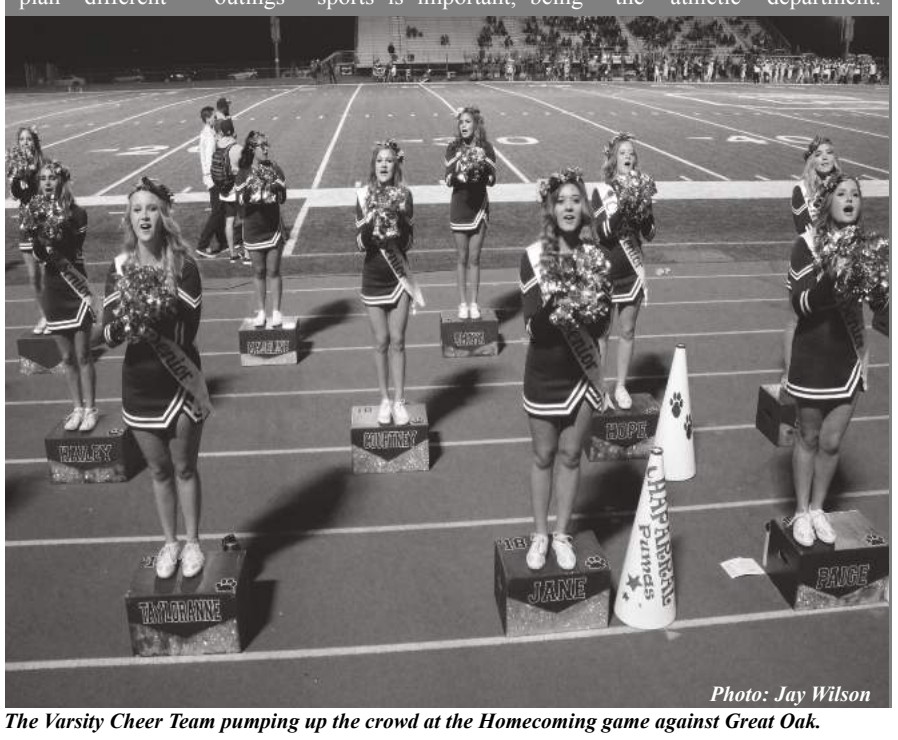


Photo: Jay Wilson

The Varsity Cheer Team pumping up the crowd at the Homecoming game against Great Oak.

Athletes Take on Specific Diets to Improve Performance

BY JULIANA VASQUEZ-UK ‘18

Adapting to a healthy diet and eating nutritious foods play a very important role in the performance of an athlete. Many sports require certain diets that are characterized by their specific tasks, and while some of the sports here on campus have meal plans made by their coaches, other sports do not. However, most athletes find it upon themselves to create their own personalized meal plans and make sure to follow a specific diet that works for them. Having a solid diet is just as important as the physical effort an athlete contributes to a workout.

In a sport like cross country, having the proper amount of carbohydrates and water incorporated in their diet is key for running safely and effectively. Carbohydrates are especially important for giving the body energy before a big run. Junior Skylar Journey said, “Carbohydrates help give me a boost of energy for when I run. When I don’t eat anything with carbs in it, I notice it when I practice and I don’t perform as well as I would like to.” There are two types of carbohydrates: simple and complex. Cross country runners want to stay away from simple carbohydrates, which are found in junk foods that are high in corn-fructose syrup or glucose, like many cereals, and fruit juices. Complex carbohydrates are typically healthier and are considered “good” carbs. They can be found in foods such as whole-wheat bread, many vegetables, and oatmeal. Proper hydration is also a major aspect of better performance and hydrating throughout the day will prevent one from becoming dehydrated and passing out while running. It is very important for runners to drink water and avoid poor hydration, especially with the weather standards here in Temecula.

Like cross country, soccer requires a similar diet consisting of complex carbohydrates, some simple carbohydrates, and a little bit of protein. Since soccer is a contact sport that constantly involves running and movement, carbohydrate intake is necessary for maintaining a high energy level. Right before a game, some soccer players might drink a Gatorade because it is high in sugar (carbohydrate). Some soccer players, like Senior Eric McCormick, have personal preferred diets, he said, “I like to eat a lot of greens, brown rice, and chicken. I stick to greens because they are packed with vitamins and they give me a lot of energy, I like to eat brown rice rather than white rice because white rice is high in sugar [simple carbohydrates], and I prefer white-meat chicken rather than steak or other meats simply because it has less fat than other meats and sources of protein.” Sticking to foods like this will ultimately benefit athletes who want to perform better.

In basketball, having a balanced diet consisting of protein and carbohydrates is very important for maintaining strength and energy levels. Like soccer, basketball requires a lot of running and continuous movement. Sophomore Zia Rapada explained, “We [the basketball team] do a lot of fast-paced running, so having carbohydrates for energy is very important, especially if you don’t want to be last.” Aside from carbohydrates, protein is important to include in the diet of a basketball player because it promotes muscle and bone strength, both of which are essential for basketball.

Maintaining a healthy diet and appropriate body conditions will ultimately be beneficial for athletes in any sport. With the proper energy, nutrients, and hydration, athletes will be able to make the best out of their time during practices and games and be able to put in maximum effort.

Steven Jones Officially Commits to University of Oregon

BY JULIANA VASQUEZ-UK '18

Photo: Steven Jones

Senior Steven Jones celebrating his commitment in his University of Oregon uniform.

With a bright future ahead of him and a new commitment to the University of Oregon, Senior Steven Jones has a lot to look forward to. Pursuing his love and passion for football throughout his high school career has led him up to this point of prosperity, but without the love and support from his family and friends, it would all have meant nothing.

Jones officially committed to the University of Oregon on a football scholarship on August 17, but without the expectation of doing so. Because of his impressive performance as an Offensive Tackle, Jones had already received numerous offers from various other schools including the University of California, Los Angeles, the University of Washington and Texas Christian University. However, Jones explained that the University of Oregon gave him a feeling that no other school had. He said, "When I visited the campus, it really reminded me of being back home in Temecula and I just fell in love." Being homesick is something Jones would like to avoid as much as possible and because of the strong homely feeling that he got when he first visited the campus, he made a final decision. While this was a large contributor to his final decision of attending the University of Oregon, there were many more.

Jones explained that beyond his passion for football, he will be attending the University of Oregon to give back to his family and friends for supporting him, along with a hope of making them all proud. He stated, "My friends and family have motivated me throughout this entire process and they have always been really supportive. Since my first day of football, my family has stood by my side and for that I'm grateful." Without that support, Jones feels that he would not have been able to make it to this point.

While he continues to prepare physically, scholastically and mentally for his attendance at the University of Oregon, Jones explained that now is not the time for relaxation seeing as his spot there is not guaranteed just because he is committed. He mentioned, "Even though I am already committed, I still have to go through the application process and meet the requirements of the school before I can even attend, so right now I am working hard to make sure I exceed those standards." Continuing to work hard and persevere in school is more critical than ever for Jones, that is why his current priorities are finishing off his senior year with a high grade-point average (GPA), staying physically and mentally healthy, and keeping a clear pathway to success.

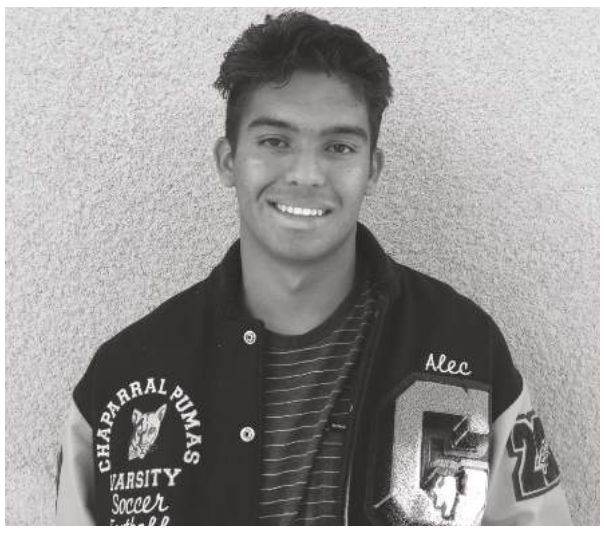
Now that Jones is full-on committed to the University of Oregon, he does not plan on taking that for granted. Although he is relieved, he knows there is still much to be done, so he plans to continue to work hard, persevere, and secure his spot at the school he fell in love with. And while this may be a challenge, it is one that Jones is up and ready for.

Photo: Jacob Pack

Senior Steven Jones shows his Puma pride before he heads out to play in Eugene, Oregon.

Athlete Spotlights

BY JULIANA VASQUEZ-UK '18



ALEC FONSECA '18
VARSITY FOOTBALL

Kicker of the Varsity Football Team, Senior Alec Fonseca, shows tremendous efforts on and off the field with his great sportsmanship as the team's main kicker. He started playing for the football team his freshman year, and he explained that he has had a great experience in the sport thus far. Last season, Fonseca was able to lead the team to victory in their league game against Temecula Valley High School, scoring three field goals, leaving the score at 9-3. Not only in that game has he proven that he is a true asset to the team, but he continues to do so at every practice and game. As well as football this season, he plans to participate in soccer during the winter season, and has already started practicing. Although balancing multiple sports is a challenge, Fonseca manages, he said, by "making sure I have my priorities straight." He explained that his grades ultimately come first and while sports do take up much of his time, he makes sure to keeps up with his schoolwork. Aside from just being able to balance his sports and academics, Fonseca believes that being a supportive and positive team player is essential to being successful. He said, "In any sport, it is all about mindset. Being supportive of each other and being able to be there for one another makes me stronger personally." Because of his work ethic, Fonseca's role on the team is seen both off and on the football field.

ALICIA HERNANDEZ '19
VARSITY CROSS COUNTRY

In a sport like cross country, where positive mentality and physical endurance are essential, Junior Alicia Hernandez makes sure to always be strong-willed in both. Although Hernandez only joined cross country her sophomore year, she has been running ever since middle school. Because of her experience, Hernandez was able to obtain a varsity position that same season. She explained, "Joining cross country gave me the opportunity to better myself as a runner, and making it to varsity was something that I was extremely proud of, especially since it was my first year on the team." Hernandez makes it a priority to maintain a positive mindset during practices and meets. She finds that spreading positive words of encouragement to her teammates also gives her the strength to persevere, which shows her true passion for cross country, as well as her great sportsmanship. This is important to her and she said, "It is really important not to stress out before a meet, or even during practice, because this affects how I perform." While she continues to work daily at practice, Hernandez remembers her goal of individually making it into California Interscholastic Federation (CIF), as well as continuous improvement with her speeds and various mile times. Next year, Hernandez plans to continue to participate in cross country and work hard to be the best runner that she can be.

All Photos: Juliana Vasquez-UK

CONNOR TILLMAN '18
VARSITY WATER POLO

With it being his fourth year in water polo and holding a very important position on the team, Senior Connor Tillman is a true asset. As the goalie for two years now, Tillman's objective is to guard the goal and make sure that the opposing team does not score, and while this may seem like an easy task, Tillman disagrees. He stated, "Having this position means that my team is counting on me and it is a lot of pressure when you don't want to let anyone down." In addition to that, Tillman plays an important role simply because of his personal preference of being a positive influence on his teammates. He explained that being able to uplift his teammates and make sure they are always staying positive is something that is of true value to him, showing his true leadership capabilities and ideals as a water polo player. In addition to Tillman's leadership capabilities and important role on the team, his deep-rooted love for water polo sets him aside from others. He explained, "I have always thought that water polo was a really unique sport, and I knew my freshman year, after starting out, that I would continue to play all four years because I enjoyed it so much." However, although he does love the sport very much, after he graduates, he explained that he will not continue to pursue water polo in college. Instead, Tillman plans to focus on computer engineering studies to kickstart the next step in his life.

Coach Benjamin Setting Student Athletes Up For Success

BY MAKAYLA RENNER '18

The kind of mentor who inspires people to work harder and strive for more is one who often leaves a lasting impact on people's lives years after they have parted ways. Coach and Physical Education (PE) teacher Mrs. Stephanie Benjamin is the epitome of this idea. She was the Head Varsity Volleyball Coach when the school first opened and the next year she began teaching PE as well. Her list of accomplishments speak for itself with seven League Championships, four Quarter Finals appearances, the Finals the team won, and the California Interscholastic Federation (CIF) championship in 2003. However, these remarkable accolades are not how she defines the success of her career as a mentor. Benjamin focuses instead on the lessons she teaches her students and athletes and how these teachings influence them positively throughout their life.

Benjamin explained that, "winning CIF was the first Division One Championship for the Inland Valley Area" and is one of her most successful moments as a coach. She felt that the best part of this victory was seeing how happy it made the girls because they put in the work to see these results come about. "Anything that is painful is going to make you stronger," she said in reference to how much training went into this success. Senior Jackie Stenton has played for Benjamin for the last two years and has always admired how positive she is when she "cheers us on and helps us fix our mistakes." While winning is definitely an important part of any sport, Benjamin said that her players "need to balance life as well" because she wants them to have a life outside of this competitive world. They have taught her "to relax and enjoy each moment" so she tries to do the same for them when the season gets really intense.

Photo: Jay Wilson

Coach Benjamin using her words of wisdom to inspire the Junior Varsity Girls Volleyball Team during an important practice.

After 2004, Benjamin stepped down from coaching to focus on her children's lives but came back a few years later as Assistant Varsity Volleyball Coach, also volunteering as the softball coach for five years. She has enjoyed the role of assistant coach moreso because she is able to facilitate team bonding and focus more on her relationships with the girls. "They are going to remember winning CIF and league but they are also going to remember those relationships they had with each other," Benjamin explained. She feels that these girls are encouraged to practice and play at such a high intensity constantly. The bonds they find with one another are a crucial part of making them a team while still keeping the fun of the sport in tact. Stenton said, "You can always go to her [Benjamin] for anything" and that she is an all around incredible coach because of her infectious positivity. She always keeps an open door to players and students alike and has found that the meaningful relationships she has made really mean the most to her.

As a Physical Education teacher she said one of her favorite things to teach is Aerobics because she is able to pass on practical means of exercise her students can incorporate into their everyday lives as adults. "I measure myself as a successful mentor when kids value the things you teach them," she explained. When her teaching career first began she never imagined how much of an impact she would be able to make on a PE class. She said that seeing these kids "take what you've done and go on with making good choices, going on to college and being a person they can be proud of, that is really what I value the most." She often gets visits from past students who still value the impact her classes had on them because of the way she cared about them and made her teachings accessible to life and fitness outside of high school.

After constantly working to better the many athletes and students she works with, Benjamin said she plans to retire within the next few years. She has left her legacy on the school and even though this job feels timeless to her, it is something she wants to pass on to someone else in the near future because "working with kids and getting to watch them grow up is really rewarding." Benjamin has established an incredible legacy at this school that supersedes the statistics of her career as a coach, as impressive as they are, because of how truly important her impact is on the lives of all those she has mentored.

Breast Cancer Awareness Spread Through Pink Out Games

BY JOSHUA CHAPMAN '18

Many strong survivors are overcoming breast cancer and to raise awareness, the boys football and girls volleyball programs held annual pink out games to show support. Every year during October, the two teams help spread mass awareness to the community by holding fundraisers. Fans are encouraged to wear as much pink as they can to show their respect during the game. Both teams incorporated pink in their uniforms and gear to bring honor to survivors and publicize the issue. Proceeds that the volleyball team earns go to a breast cancer service called Michelle's Place, and Kim Horton, a scholarship foundation.

The pink day is a tradition that is very important to the football team. Senior Kevin Huynh described why the team has continued this tradition, "It has affected most of our families throughout football and even our coaches, I know they have family who have this disease and we want to spread awareness for it." This event is very meaningful to certain families and the team has worked to try and unite those whose lives have been affected by breast cancer. With football being the largest publicized sport in the school, spreading a cause by utilizing its popularity is the best way to get the word out to the community. Also, considering the fact that the team held a game against one of the most competitive football programs in the area, Vista Murrieta High School, many students, parents and staff from the opposing side were present, too.

Though the volleyball game was not home, the girls still wore their pink jerseys to Vista's gym. The volleyball team traveled in high spirits to use this game as a way of supporting families who have been affected by this disease. With such an important cause, the team sought out to increase their efforts in spreading awareness by selling Believe t-shirts and pink ribbons. The team hopes to spread awareness to more than just the community. Senior Hailey Carter explained, "The purpose is for each league team to spread awareness and support for breast cancer." Usually, they would spend most of the day decorating the inside of the gym with posters and pink streamers and balloons, all for the audience to see their effort for the awareness. Senior Sophia Torres explained this year's pink out game, "It is always more fun to have a home pink game but I think Vista did a really great job with decorating their gym and really bringing some pink spirit." Even though the team was unable to decorate the gym this year, they still made sure to show spirit for Breast Cancer Awareness month.

The turnout was tremendous as the bleachers were flooded with a sea of pink. Many students were thrilled to wear their pink in support of those impacted by cancer. Both programs have done what they can to get the rest of the community involved in this united effort. Many players from all over the league continue to show their support for those fighting cancer.

Photo: Codi Bresssler

The Varsity Football players charging the field before the start of the home game against Vista Murrieta.

Photo: Kristy Baron

The pinked-out Fanatics section cheering on the team as they fight for a win against their opponents.

Halloween Throwbacks:

CHS TEACHERS AND STAFF

Ms. Catherine Benson
Circa 2013

Mrs. Heather Key
Circa 2013

Mrs. Leslie Owens, Mrs. Krystal Fielstra, and Mrs. Kristan Morales
Circa 2015

Mrs. Kristy Baron
Circa 2010

Mrs. Dianne Cox
Mr. Dan Ford
Circa 2016

Mrs. Liz McCaughey
Circa 1997

Mrs. Amie Charney
Circa 1999

Mr. Christopher Klair
Circa 2006

Mrs. Gayle Trout
Circa 2005

Mr. David Carlson
Circa 2017

Ms. Cabernet Bricker
Circa 1996

Mrs. Diana Chumley (as 'Sadness' from *Inside Out*)
Circa 2016

Dr. July Hill-Wilkinson
Circa 2010

Ms. Mary Campo and
Mrs. Cathy Olszewski
Circa 2016

Mrs. Christina Gandy
Circa 2008

Mrs. Heather Anderson
Circa 2015

Ms. Ginger Brady
Circa 1990

Ms. Lori Herrington
Circa 1977

Mr. Chris Irvin
Circa 2008

Mrs. Shelley Jackson
Circa 2016

Ms. Diana Stansel
(as Lady Capulet)
Circa 2001

Ms. Margene Hufsey
Circa 2013

Mrs. Barbara Mueller
Circa 2002

Mrs. Susan Myers
Circa 2013

Ms. Tina Olsen
Circa 1982

Mrs. Franki Ray
Circa 1999

Mr. Tony Rossi (as Karl Childers from *Sling Blade*)
Circa 1997

Mr. Aaron Slojkowski
Circa 2005

Mrs. Ingrid Taylor
Circa 2007

Mrs. Linda Teahen
Circa 2016